

# Young Women Personal Progress Tracker

Name \_\_\_\_\_ Birthday \_\_\_\_\_

Entered Beehives \_\_\_\_\_ Entered Mia Maids \_\_\_\_\_ Entered Laurels \_\_\_\_\_

Date Received YW Recognition: \_\_\_\_\_

Faith	Divine Nature	Individual Worth	Knowledge
<p>___ F/1-Learn About Faith From the Scriptures</p> <p>___ F/2-Learn About Faith of the Mothers of Helaman</p> <p>___ F/3-Present a FHE Lesson on the Principle of Faith</p> <p><u>(Complete 3 of 4 to 9 Below)</u></p> <p>___ F/4-Learn About Sacrament &amp; Why We Partake of It</p> <p>___ F/5-Increase Understanding of Christ's Atonement</p> <p>___ F/6-Increase Understanding of the Plan of Salvation</p> <p>___ F/7-Learn About Tithing and Pay a Full Tithe</p> <p>___ F/8-Other Value Experience</p> <p>___ F/9-Other Value Experience</p> <p>___ F/10-Faith Value Project</p> <p>Finished Value: _____</p>	<p>___ D/1-List Divine Qualities of a Daughter of God</p> <p>___ D/2-Increase Appreciation of Womanhood</p> <p>___ D/3-Make Your Home Life Better</p> <p><u>(Complete 3 of 4 to 9 Below)</u></p> <p>___ D/4-Memorize Sacrament Prayers/Record Experience</p> <p>___ D/5-Develop Pattern of Obedience</p> <p>___ D/6-Develop Your Divine Qualities</p> <p>___ D/7-Learn About Being a Peacemaker &amp; Be an Example</p> <p>___ D/8-Other Value Experience</p> <p>___ D/9-Other Value Experience</p> <p>___ D/10-Divine Nature Service Project</p> <p>Finished Value: _____</p>	<p>___ IW/1-Read Scriptures on a Daughter of God</p> <p>___ IW/2-Importance of Planning and Preparation</p> <p>___ IW/3-Notice &amp; Build Worth-while Qualities in Others</p> <p><u>(Complete 3 of 4 to 9 Below)</u></p> <p>___ IW/4-Participate in Play or Other Performance</p> <p>___ IW/5-Visit Living Relatives &amp; Learn Family History</p> <p>___ IW/6-Learn About Importance of Patriarchal Blessings</p> <p>___ IW/7-Learn About Special Gifts God Has Given You</p> <p>___ IW/8-Other Value Experience</p> <p>___ IW/9-Other Value Experience</p> <p>___ IW/10-Individual Worth Service Project</p> <p>Finished Value: _____</p>	<p>___ K/1-Learn Importance of Gaining Knowledge of Gospel Principles</p> <p>___ K/2-List Talents and Develop Another Talent</p> <p>___ K/3-Memorize 2 Hymns &amp; Learn Conducting &amp; Conduct Them</p> <p><u>(Complete 3 of 4 to 9 Below)</u></p> <p>___ K/4-Study a Gospel Principle &amp; Prepare Five Minute Talk</p> <p>___ K/5-Learn About a Field of Work</p> <p>___ K/6-Memorize 13th Article of Faith and Recite It</p> <p>___ K/7-Develop Skill of Storytelling and Share 2 with Family</p> <p>___ K/8-Other Value Experience</p> <p>___ K/9-Other Value Experience</p> <p>___ K/10-Knowledge Service Project</p> <p>Finished Value: _____</p>
Choice & Accountability	Good Works	Integrity	Virtue
<p>___ CA/1-Learn How to Use the Scriptures in Making Decisions</p> <p>___ CA/2-Read For the Strength of Youth About Standards</p> <p>___ CA/3-Learn About Responsibilities and Blessings of Agency</p> <p><u>(Complete 3 of 4 to 9 Below)</u></p> <p>___ CA/4-Read About Repentance and Apply In Your Life</p> <p>___ CA/5-Learn How Holy Ghost Helps with Decision Making</p> <p>___ CA/6-Study the Young Women Theme &amp; What it Teaches</p> <p>___ CA/7-Establish Wise Money Management</p> <p>___ CA/8-Other Value Experience</p> <p>___ CA/9-Other Value Experience</p> <p>___ CA/10-Choice And Accountability Service Project</p> <p>Finished Value: _____</p>	<p>___ G/W1-Serving Others is a Fundamental Gospel Principle</p> <p>___ GW/2-Serve Family by Preparing Meals for Two Weeks</p> <p>___ GW/3-Learn to Comfort &amp; Help Others in Time of Need</p> <p><u>(Complete 3 of 4 to 9 Below)</u></p> <p>___ GW/4-Teach Lesson About Gospel Subject</p> <p>___ GW/5-Serve Another Person for a Month</p> <p>___ GW/6-Spend 3 Hours of Service Outside Home</p> <p>___ GW/7-Invite a Friend to Church Meeting or Activity</p> <p>___ GW/8-Other Value Experience</p> <p>___ GW/9-Other Value Experience</p> <p>___ GW/10-Good Works Service Project</p> <p>Finished Value: _____</p>	<p>___ I/1-Deny Yourselves of All Ungodliness</p> <p>___ I/2-Develop Your Personal Integrity</p> <p>___ I/3-Study Lives of Individuals in Scriptures</p> <p><u>(Complete 3 of 4 to 9 Below)</u></p> <p>___ I/4-Interview Women About Integrity</p> <p>___ I/5-Learn About Standing as a Witness</p> <p>___ I/6-Live the Law of Fast and Fast with a Purpose</p> <p>___ I/7-List Problems that Weaken Family</p> <p>___ I/8-Other Value Experience</p> <p>___ I/9-Other Value Experience</p> <p>___ I/10-Integrity Service Project</p> <p>Finished Value: _____</p>	<p><u>Complete All 5</u></p> <p>___ V/1- Study the meaning and importance of chastity and virtue. In your journal, write your commitment to be chaste.</p> <p>___ V/2- Read the scriptures given and identify the promised blessings: In your journal, record what you have learned, and write about a time when you felt the guidance of the Holy Ghost.</p> <p>___ V/3- Prepare to be worthy to enter the temple and to participate in temple ordinances.</p> <p>___ V/4- Read the sacrament prayers in D&amp;C 20:77-79. Determine to partake worthily of the sacrament each week and fill your life with virtuous activities that will bring spiritual power. Determine what you can do daily to remain pure and worthy, and write your plan in your journal.</p> <p>___ V/5- Read the Book of Mormon</p> <p>Finished Value: _____</p>