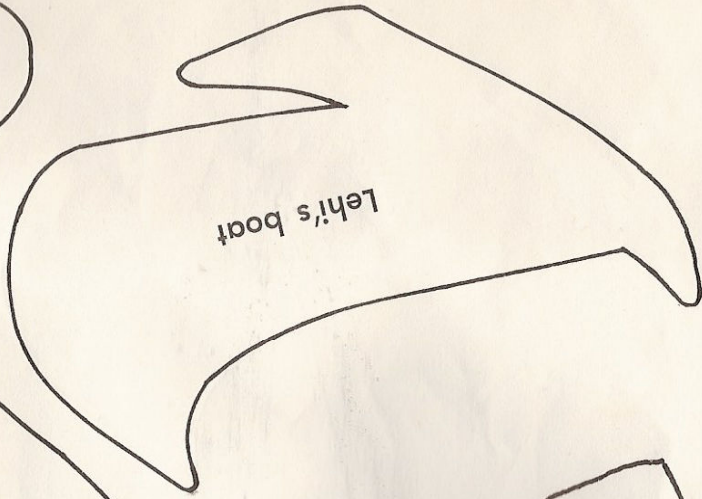
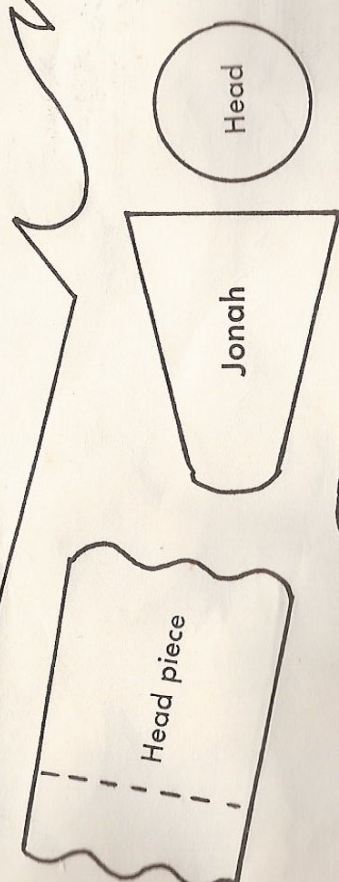


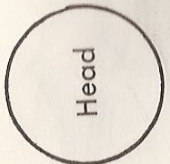
Whale



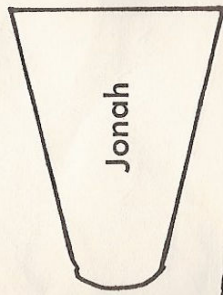
Lehi's boat



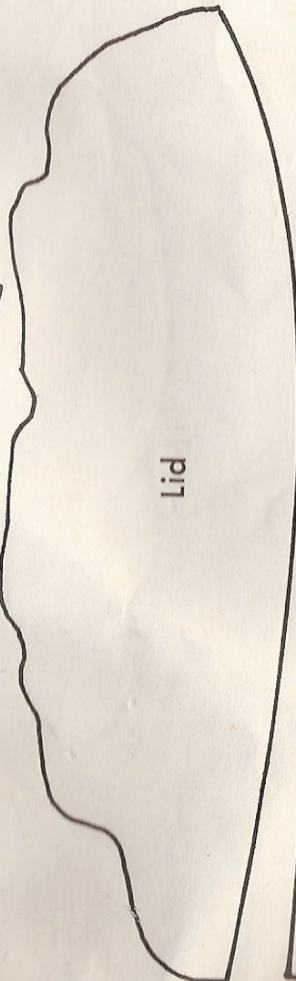
Head piece



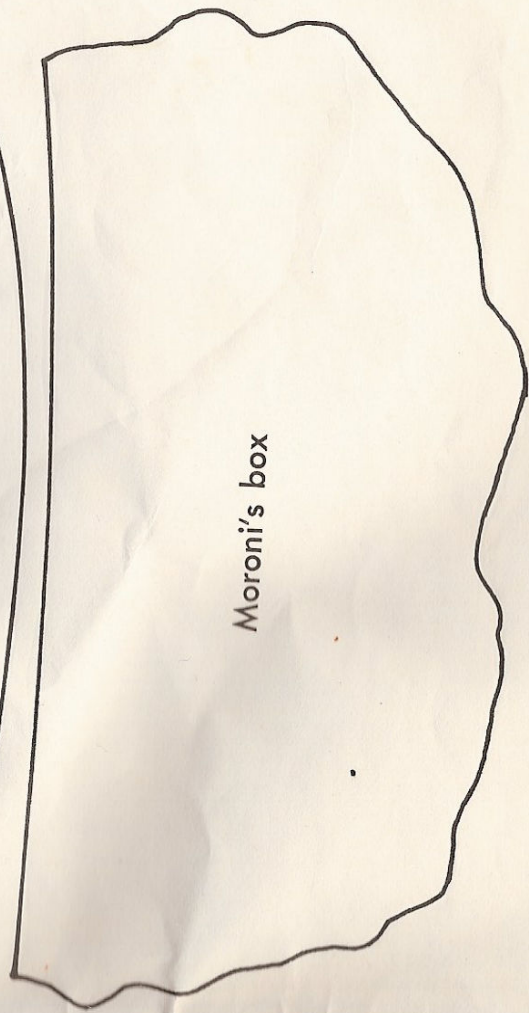
Head



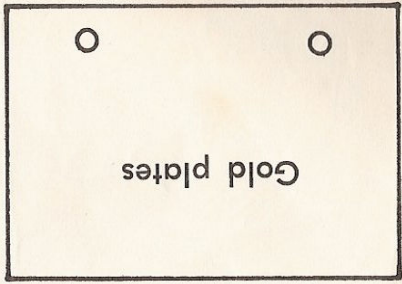
Jonah



Lid



Moroni's box



Gold plates

GENERAL INSTRUCTIONS

This quiet book was compiled in an attempt to provide parents with an aid for teaching young children the gospel. The different pages make stories from scriptures come to life for young children and enable them to learn from dramatic play.

Many skills are included, such as: fastening hook and eye, snapping, buttoning, braiding, tying a bow, zipping, matching colors, weaving, lacing, counting and telling time. Selection of about half of the patterns given would make a quiet book of ample size. In the following pages, velcro, snaps, buttons and hooks and eyes can be interchanged according to your preference. I would suggest keeping a variety, as children of different ages and abilities will have different preferences. Larger snaps, hooks, etc., are easier for children to work with.

The quiet book can either have the pages sewn together or be looseleaf. Advantages of the latter are that pages can be washed individually, additional pages can be added at any time, and pages can be removed to amuse more than one child at the same time. Because the side by the rings does not have to be sewn together, one can easily reach inside to make repairs on the individual pages when necessary.

Preparation of pages when the book will be sewn together:

Tear 12" strips of muslin selvage to selvage, (each strip will make four sides or pages). Press in half and then in fourths, accordion style. When finally assembling the book, you will open out the pages and lay them on top of each other, sewing down the center fold, so that your first strip will eventually comprise pages 1, 2, 15 and 16; the second, pages 3, 4, 13 and 14, and so forth. This should be kept in mind when deciding which pictures to place on which page. After pages have been completed, place wrong sides together and sew, allowing $\frac{1}{2}$ " seams. Turn right side out and press.

Preparation of pages when the book will be looseleaf: Tear 12" strips of muslin from selvage to selvage; tear strips in half crosswise, down the center (each strip will make two sides or pages). Press each in half. After pages are completed, hem raw edge opposite the selvage edge on each. Place wrong sides together and sew top and bottom of page, allowing $\frac{1}{2}$ " seams. Turn right side out and press. Put in two eyelets or buttonholes on each, making sure these are in the same position on each page. Front and back covers are made the same way, and should measure about 1" longer and wider than the pages.

Making the pictures:

Pictures may be traced directly onto the muslin. The parts drawn with solid lines on the following pages may be drawn with waterproof magic marker or tube paint. It would be preferable to use blue for water, if this is available. Parts drawn with dotted lines are for separate pieces, patterns for which are at the back of

the booklet. Surprisingly, parts to be colored look very good if crayoned. For vivid colors, put crayon on heavily. Then place page between two sheets of brown paper (old paper bags do fine) and press with a warm iron. This melts the crayon into the fabric, making it quite permanent. The paper soaks up excess crayon, and should not be reused as the crayon on the paper could mar another page. Be careful not to put crayon over the magic marker, or vice versa, because the colors will run when pressed. I would suggest practicing on a scrap of muslin to work out bugs; washing this will show if the magic marker is truly waterproof. If a new magic marker makes a blurry line on the muslin just scribble for a while on a scrap of paper until the excess ink is used and the marker will then make an acceptable line on your fabric. Any nonessential lines in the pictures may be omitted. Lettering may be too close together to be traced, and may have to be drawn freehand.

Making felt figures:

Cut pieces a bit large, sew inside the line you cut, and then trim down to size. After sewing body piece this way, glue on felt for face, front and back hair. When making eyes and other markings with a magic marker, first put a little glue on the spot. When it is dry, it will be easier to get small, even eyes.

MATERIALS NEEDED

Elmer's glue, Crayons

Waterproof magic marker or tube paint

Felt: red, brown, tan, white, blue, grey, skin color, gold
Unbleached muslin (1' for each strip of four pages)
 $\frac{1}{3}$ yard fabric for cover

Other materials, such as snaps, buttons, zippers, etc., are listed with the individual page instructions. Items such as felt and zippers can be purchased more cheaply at Deseret Industries.

INSTRUCTIONS FOR INDIVIDUAL PAGES

"A TIME TO LEARN"

Materials: Felt for hands; 1 brad; light cardboard or note card.

Learnings: Numbers; telling time.

Outline letters and clock. Crayon clock case; press. Cut hands out of thin cardboard or note card. Cut two pieces of felt for each hand, making them slightly larger than the cardboard; paste on either side of the cardboard hands and trim. Make a hole in the end of each hand with a small paper punch or by turning the point of a pair of scissors. Insert brad through both hands, and through center of clock. Spread prongs on wrong side of fabric.

"NOAH'S ARK"

Materials: Felt for ark; 6" zipper; felt for animals, if desired. Small plastic animals or heavy cardboard would do fine.

Learning: Zipper

Outline letters and picture. Crayon ark roof, cabin and fish; press. Cut ark from felt; cut space for the zipper and sew zipper in. Sew ark to the page. (You may find it easier to mark the waves right under the ark after it has been sewn in place).

"JOSEPH'S COAT OF MANY COLORS"

Materials: 5 colored strips of felt; 5 snaps.

Learnings: Snaps; matching colors.

Outline letters and picture. Crayon strips on coat to correspond with strips of felt. Crayon the rest of Joseph. Press. Single thicknesses of felt tear easily, so prepare strips by sewing them double. They could be glued together as well, for added strength. Trim edges. Sew snaps on top on strips, and to page as shown.

"TOWER OF BABEL"

Materials: 2 pieces of different colored felt (or plastic oilcloth or vinyl)

Learning: Weaving.

Outline letters and figures. Color figures; press. Cut two towers with pinking shears (one $\frac{3}{4}$ " longer than the other; one $\frac{3}{4}$ " wider). Cut the longer tower into four or five strips lengthwise, and sew across bottom to page as shown. Cut the wider tower into six strips crosswise, and sew to page down the side, as shown.

"DANIEL IN THE LIONS' DEN"

Materials: 6 x 8" clear plastic for den; strip of felt for top; 3" fur for lions' manes; felt for finger puppets.

Outline letters and den. Crayon sides and top of den; press. Cut plastic slightly larger than the den; sew scalloped felt on the top of the plastic. Sew plastic over the den to page, making a pocket; trim. Put bars on plastic with magic marker.

Finger puppets: Sew nose and tongue into place on front of lion; sew body pieces together, leaving bottom open for your finger; trim. Glue mane to front; glue down sides of nose; glue fur mane to back. Sew body pieces of angel and Daniel; trim. Glue on face and hair pieces. Make eyes on each with magic marker.

"DAVID TENDS THE SHEEP"

Materials: Cotton; tan or white felt for sheep; pipe cleaner for staff; velcro or snaps.

Learning: Velcro or snaps.

Outline letters and picture. Crayon David, flowers, and clumps of grass; press. Sew pipe cleaner to David's hand and crook end. Sew one side of velcro (or snaps) to parts of the page where sheep will attach. Sew other side to felt sheep. Glue cotton to front of sheep, leaving

nose, ear, feet and tail plain. Add eye with magic marker.

"RUTH"

Materials: 6 strands heavy yarn; 2 feet ribbon (velvet has a nice texture).

Learnings: Braiding; tying a bow.

Outline letters and picture. Crayon Ruth; press. Make two small buttonholes as shown on the illustration. Insert three strands of yarn through each. Sew yarn in place under the spot where you will sew the ribbon. Sew two pieces of ribbon in place.

"RUTH GATHERS WHEAT"

Materials: 13 pipe cleaners; 7" shoestring elastic; felt for basket.

Learning: Counting.

Outline letters and picture. Crayon Ruth and wheat; press. With darning needle, run elastic in and out to make five loops; knot each end. Stitch across top of basket for strength; sew basket to page. Draw weave on basket with magic marker or crayon, if desired. Cut pipe cleaners in half; put in bunches ranging from one to six; tie bunches together with short pieces of pipe cleaner, for wheat.

"MOSES IN THE BULRUSHES"

Materials: Felt for basket and blanket; 7" shoestring elastic; cotton; shoestring; brown, white and skin colored felt for Moses (or small baby doll)

Learning: Lacing and tying.

Outline letters and bulrushes. Crayon rushes; press. Sew blanket piece under hole in basket. Slit blanket lengthwise down center and make five small eyelets or buttonholes on each side. Sew one end of elastic to page where basket will cover it; sew basket to page. Make weave in basket with crayon or magic marker. To make Moses, put cotton between body pieces and sew together, catching in the other end of the elastic (to keep Moses from getting lost). Glue on face, back and front hair pieces. Make eyes and swaddling with magic marker.

"THE PARTING OF THE RED SEA"

Materials: Large piece of blue felt for water; hook and eye.

Learning: Hook and eye.

Outline letters and picture. Crayon children of Israel, fish and water; press. (Color water darker at the top, fading to nothing by the time it gets down to the Israelites). Sew blue felt pieces along sides and bottom of page. Sew hook and eye at top.

"JONAH AND THE WHALE"

Materials: Felt for whale; button or scraps of felt for eye; 4" or 6" zipper; 7" white shoestring elastic; felt scraps for Jonah (or small doll)

Learning: Zipper.

Outline letters and picture with magic marker. Cut mouth in whale and sew zipper in place. If using 6" zipper, cut a 4" slit, sew in the first 4" and leave the rest dangling inside. Sew eye and fin to whale. Sew one end of elastic to page at a spot that will be covered by the whale. Sew whale to page. To make Jonah, sew body pieces together, catching in the other end of the elastic. Glue on face and headpiece (this folds over the top of the head, covering the forehead). Put in eyes with magic marker.

"THREE WISE MEN"

Materials: Three small pieces of felt; coin, perfumed cloth, gold cloth or sequin chain for gifts.

Outline letters and picture. Color figures; press. Sew three felt pieces in place as containers for the wise men's gifts. Snaps could fasten down the top of the containers, if desired. Insert gifts.

"CHRIST IS BORN"

Materials: Velcro or snaps; white, gold and skin-colored felt, cotton; 1 pipecleaner.

Learning: Snaps or velcro.

Outline letters and picture. Color figures; press. Sew snaps or velcro to back of sheep and angel. Glue cotton to front of sheep and put in eye and mouth with magic marker. Sew front and back pieces of angel's body together; trim. Glue on face and back and front hair pieces. Mark face with magic marker.

"BABY JESUS"

Materials: Felt for blanket; cotton; white, gold, skin colored felt for Jesus, or small baby doll.

Outline letters and picture. Color figures; press. Sew blanket piece into place (putting a few tucks in the end will give more fullness and room for the doll). Glue cotton to sheep. Sew Jesus' body pieces, stuffing with cotton; trim. Glue on face and hair pieces. Make eyes and swaddling with magic marker.

"JESUS LOVES LITTLE CHILDREN"

Materials: Felt for dolls, skin colored and brown or yellow for faces and hair; 2 snaps or pieces of velcro.

Learning: Snaps or velcro.

Outline letters and picture. Crayon figures; press. Sew

snaps to page and to backs of dolls. Sew together front and back pieces of dolls; glue on faces and hair pieces. Make faces, arms, and other outlines on bodies with magic marker.

"PETER FISHING"

Materials: Small pieces of felt for fish; 4 buttons; 2 curtain rings; small piece of drapery fabric for net (about 4" x 7").

Learning: Buttons.

Outline letters and picture. Color Peter and boat; press. Sew pocket from the net, leaving the top 1 1/2" longer; stitch under this edge to side of boat. Sew top corners of net pocket to page with the curtain rings extending out. (These are optional. They were included because children like to put their fingers through them). Sew buttons to page. Making buttonholes for eyes in the fish will strengthen the openings.

"LEHI'S VOYAGE"

Materials: Brown felt for boat and scrap for sail; 4 buttons.

Learning: Buttons.

Outline letters and picture. Crayon Jerusalem and edge of land; press. Sew buttons to page as illustrated. Cut out boat and sail pieces. Sew on sail. Sew buttonhole as illustrated.

"THE LIAHONA"

Materials: Compass

Outline letters and picture. Crayon Liahona using yellows and oranges to represent the brass ball; press. Sew compass so it will hang in the center.

"AN ANCIENT TEMPLE"

Materials: Felt piece for temple, velcro.

Learnings: Puzzle, velcro.

Outline letters and picture. Crayon figures; press. Sew velcro to back of felt, and to corresponding parts of the temple on the page. Cut out puzzle pieces. If felt is thin, puzzle pieces will be more durable if a second piece is sewn to the first. This would be best done before the pieces are cut apart. Sew to either side of where you will cut apart the pieces and around the outside edge, and then cut out puzzle pieces.

"MORONI HIDES THE GOLDEN PLATES"

Materials: Felt for box; gold felt for plates; two small looseleaf rings.

✓ Outline letters and picture. Crayon Moroni and grass clumps; press. Cut plates with pinking shears; make two small holes with small paper punch or scissors, and put in rings. Sew open edges of felt box for strength and sew to page. Suggest rock with crayon or magic marker.

✓ "MONEY BAG"

Materials: Fabric for bag; drawstring.
Learning: Drawstring.

Outline letters. Make drawstring bag and sew to page. This page should be right across from the tithing page.

✓ "TITHING"

Materials: Brown felt and cotton for coins; 10 snaps.
Learnings: Snaps; numbers; counting.

Outline letters and pictures. Color pictures; press. Sew snaps to pictures as shown. (The pictures are meant to represent the different things we spend money for). Cut out coins with pinking shears; sew back and front together with a little cotton in between for stuffing. Sew snaps to back of each to correspond with the snaps on the page. Coins can be numbered 1-10.

✓ "HELP SUSIE SAY HER PRAYERS"

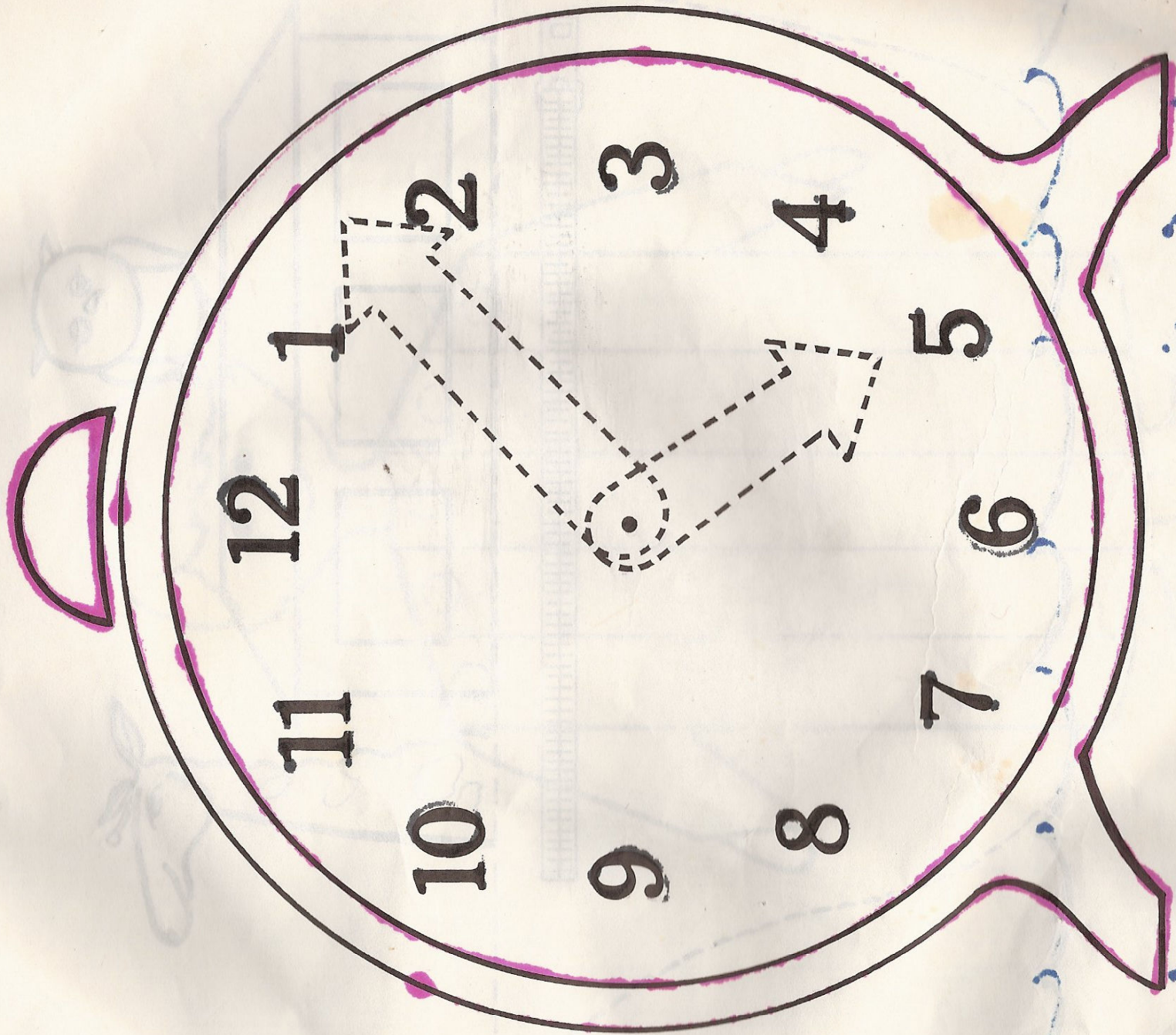
Materials: Skin colored felt for face, legs and hands; felt for dress and arms; brown or gold felt for hair; thin cardboard or notecards; 5 brads.

Outline letters and picture. Color blanket and ends of bed; press. Make Susie's head, arms and legs as follows: Cut shapes from note card. Cut two pieces of felt for each, slightly larger than the card. Paste felt to back of card; insert brad; paste felt to top, covering head of brad. The felt pieces for hands and face can be cut larger, and the dress and hair lapped over for a neater edge. Trim pieces to make them even. Insert prongs for left arm through page as shown and spread apart. Sew dress into place over left arm, leaving the part around the arm free so it can be moved up and down. Insert prongs of head piece, right arm, and legs through page as shown, and spread apart.

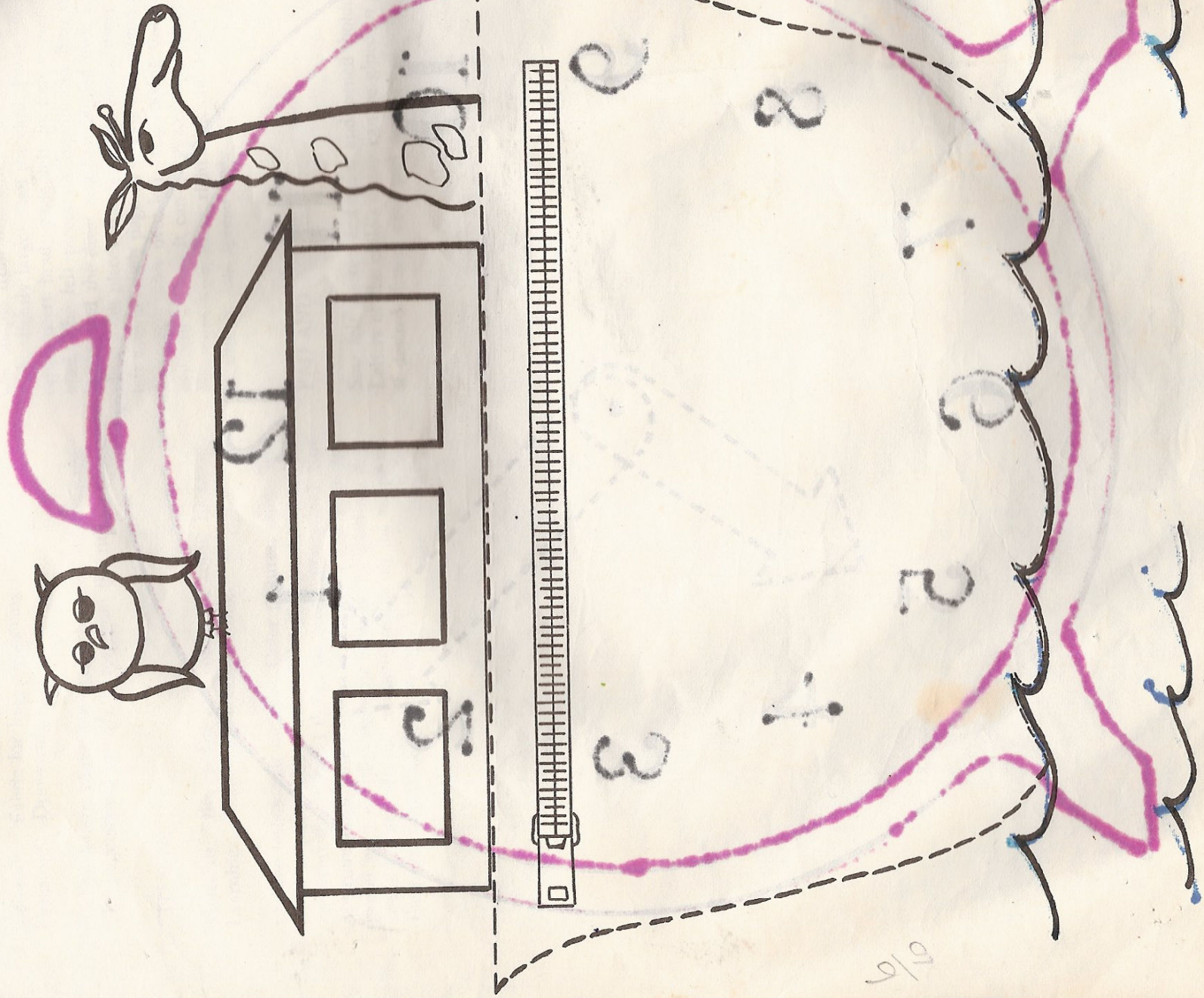
✓ PAD AND PENCIL

Sew felt pocket and flap, and pencil holder to page. Letters of the child's name can be glued to the pocket, if desired. Insert note pad and pencil.

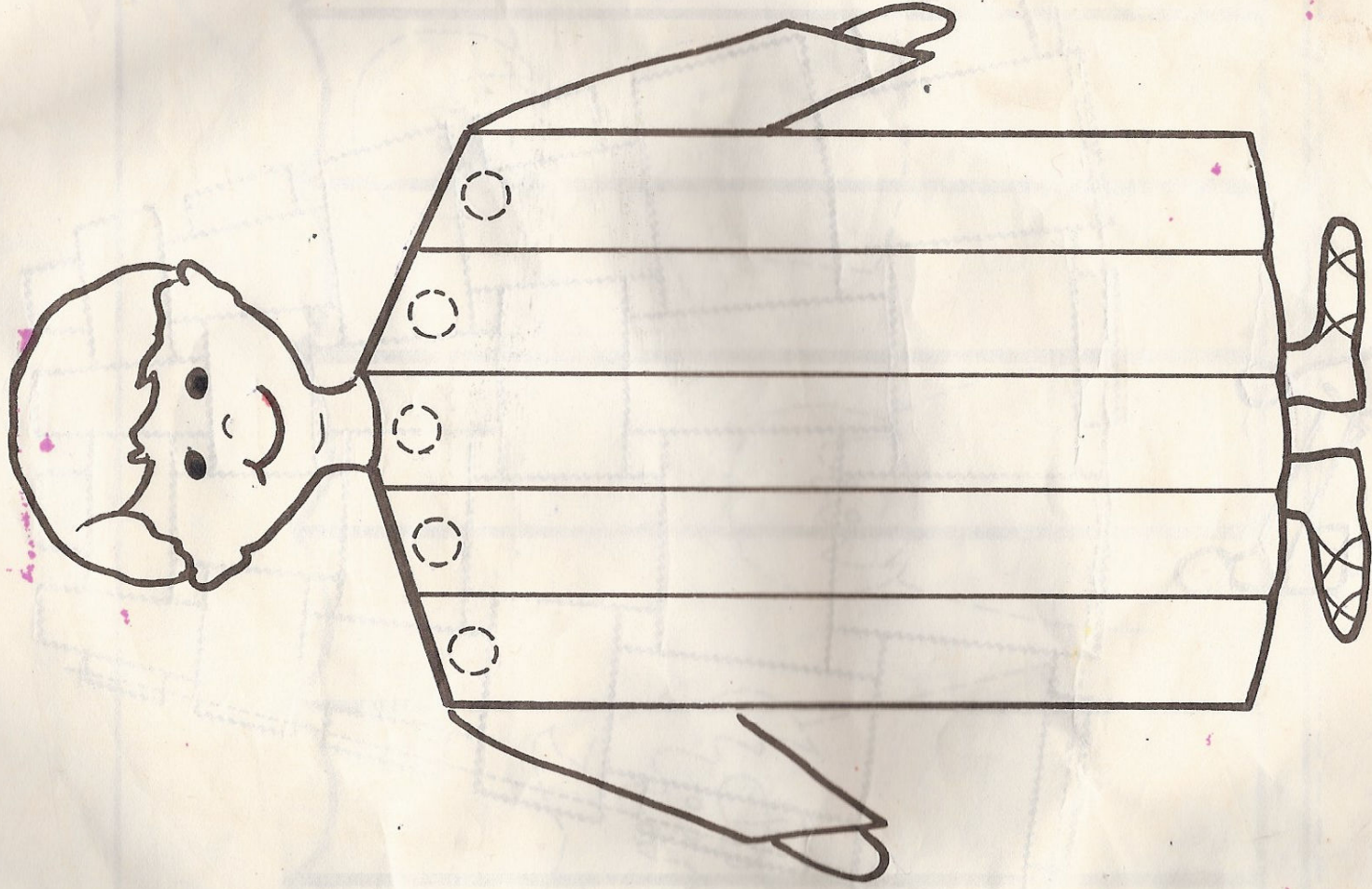
A Time to Learn



Noah's Ark

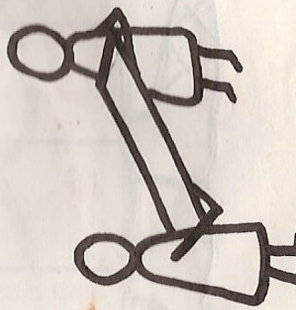
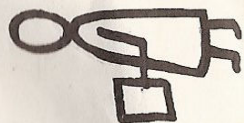
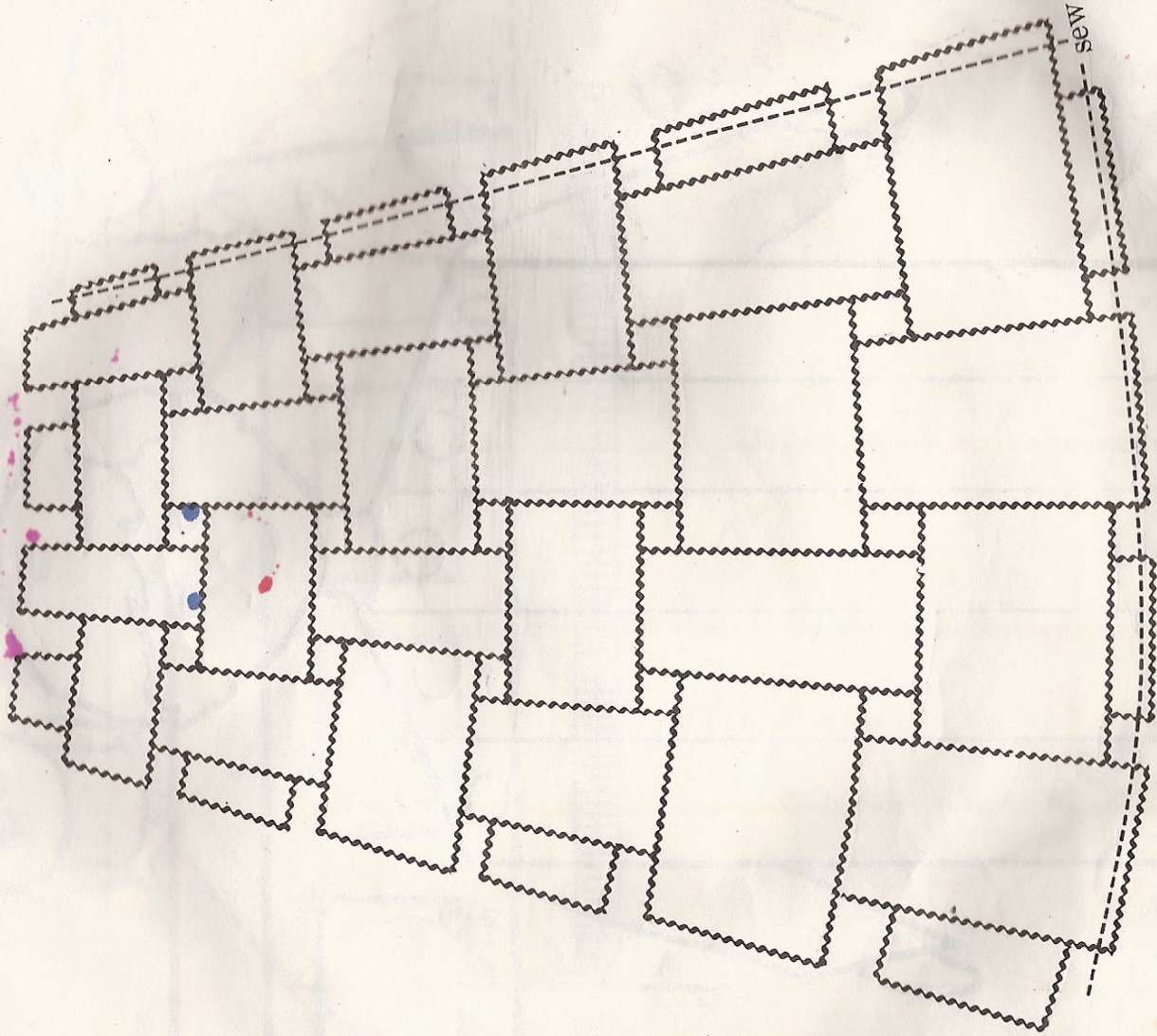


Joseph's Coat of Many Colors



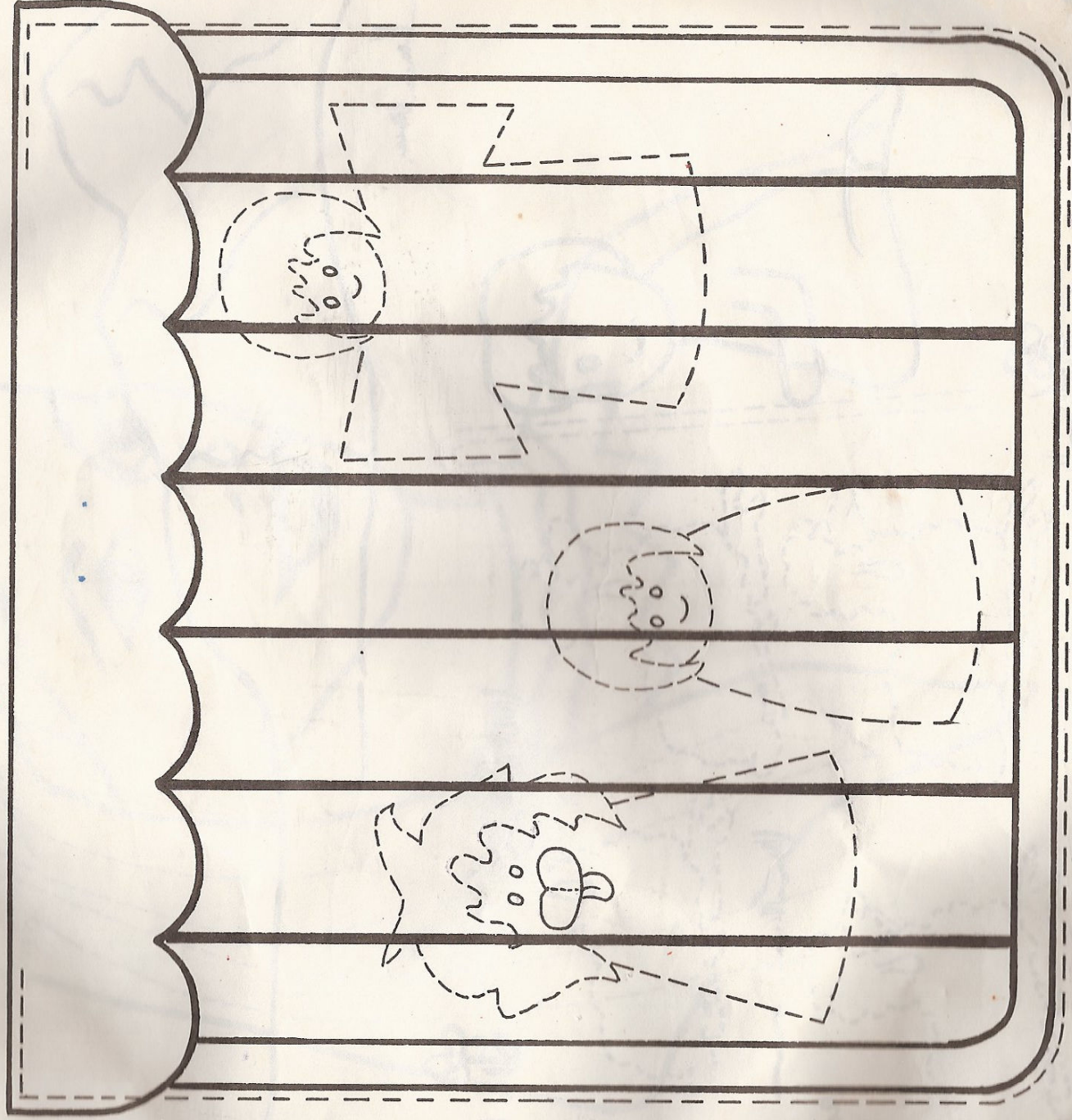
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Tower of Babel

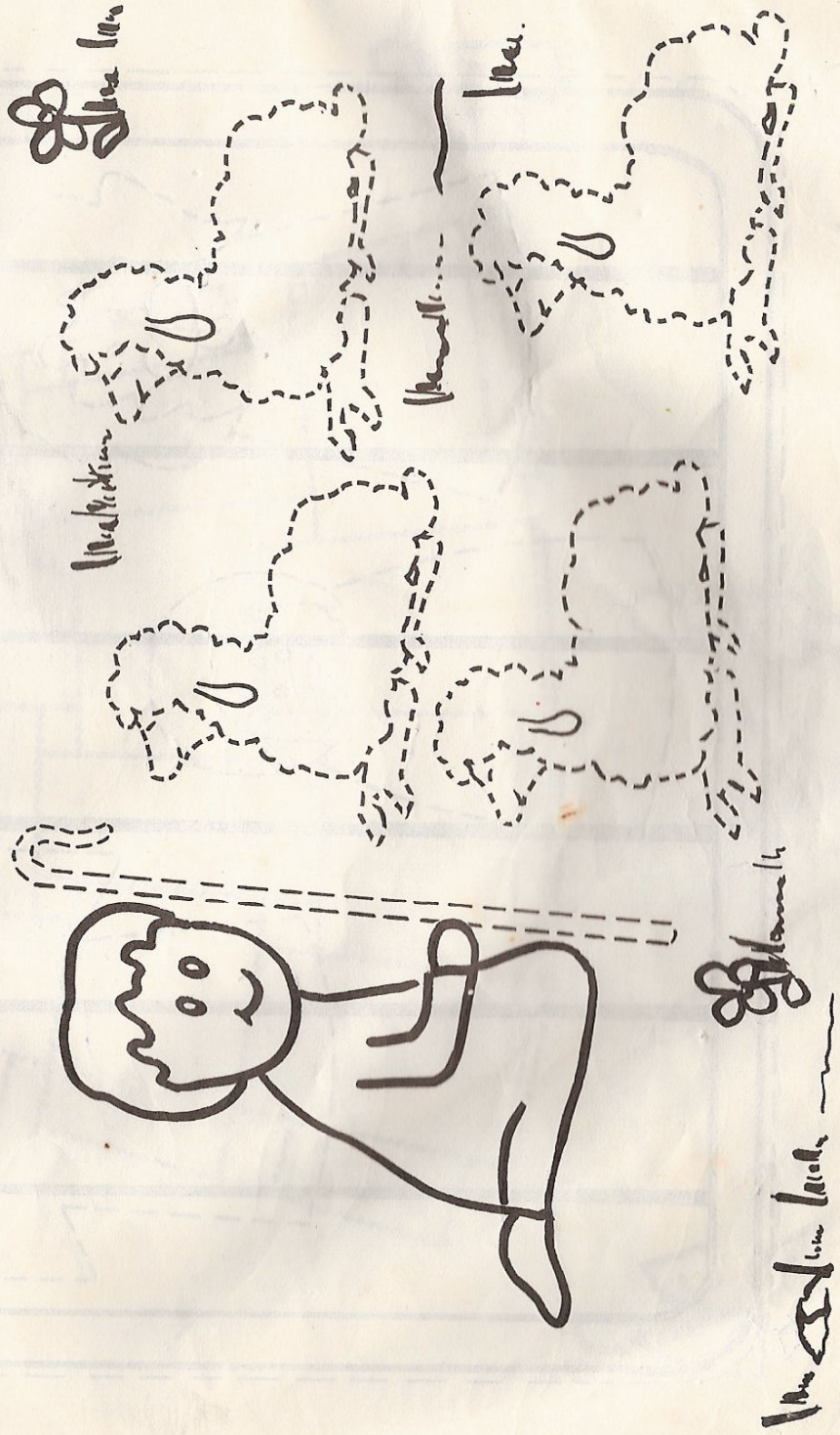
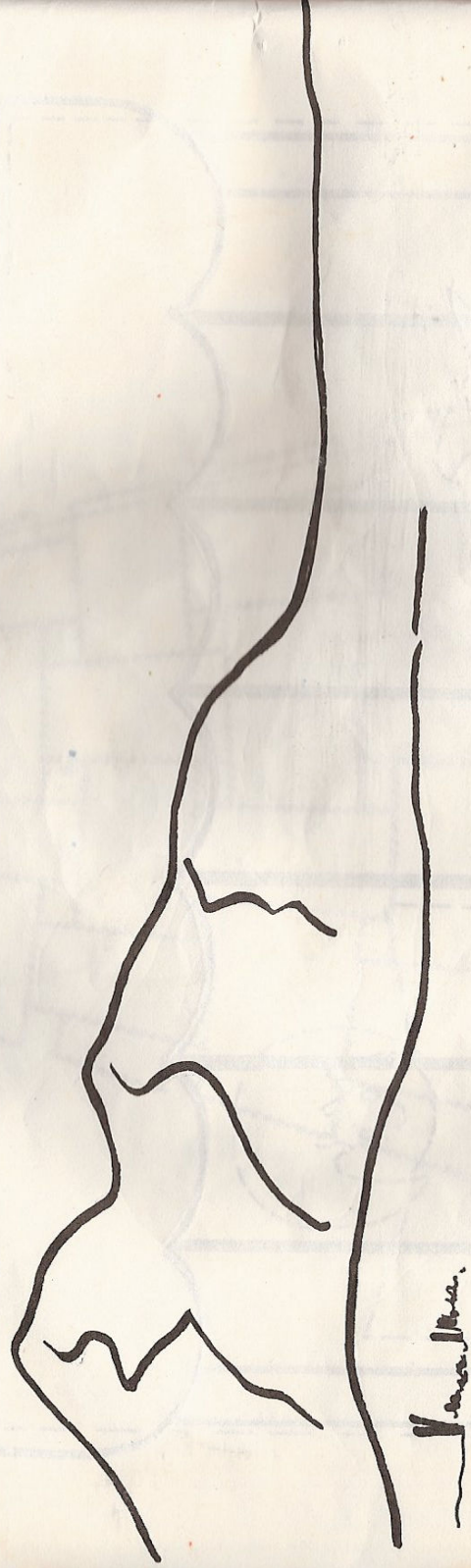


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Daniel in the Lion's Den



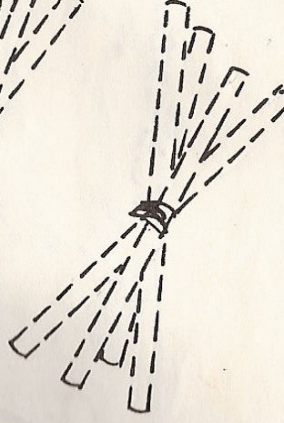
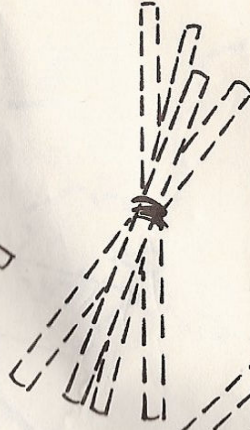
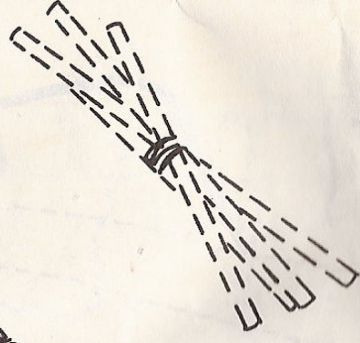
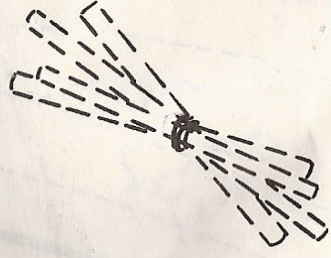
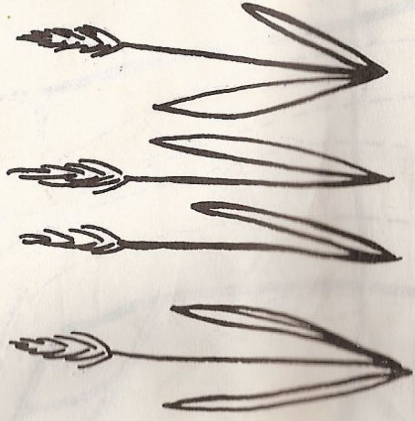
David Tends the Sheep



Ruth



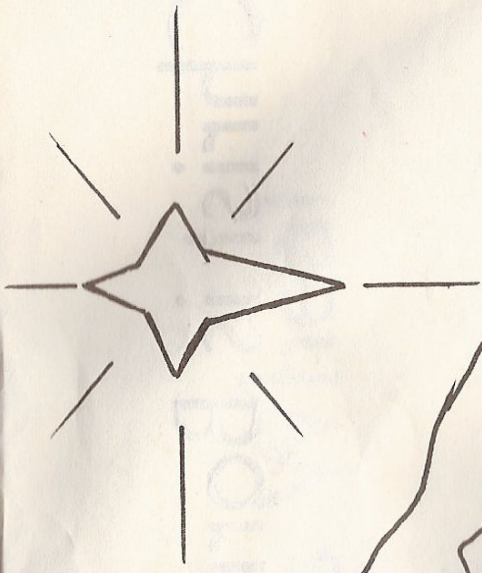
Ruth Gathers Wheat



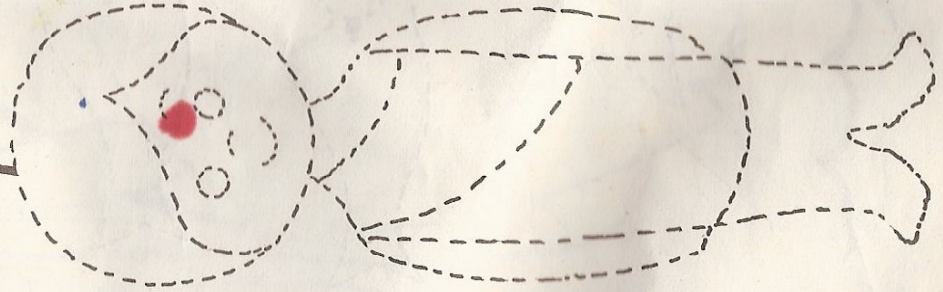
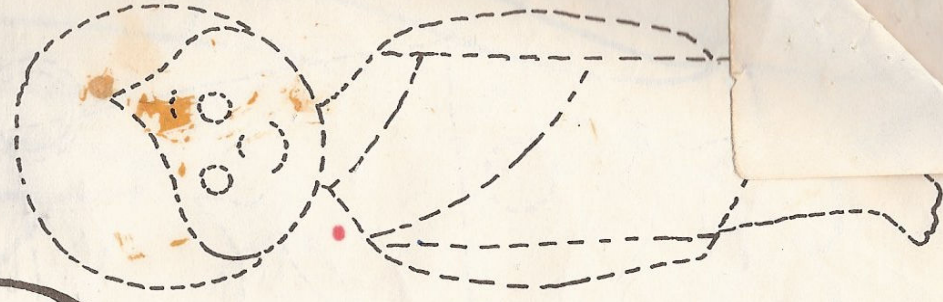
Christ is Born



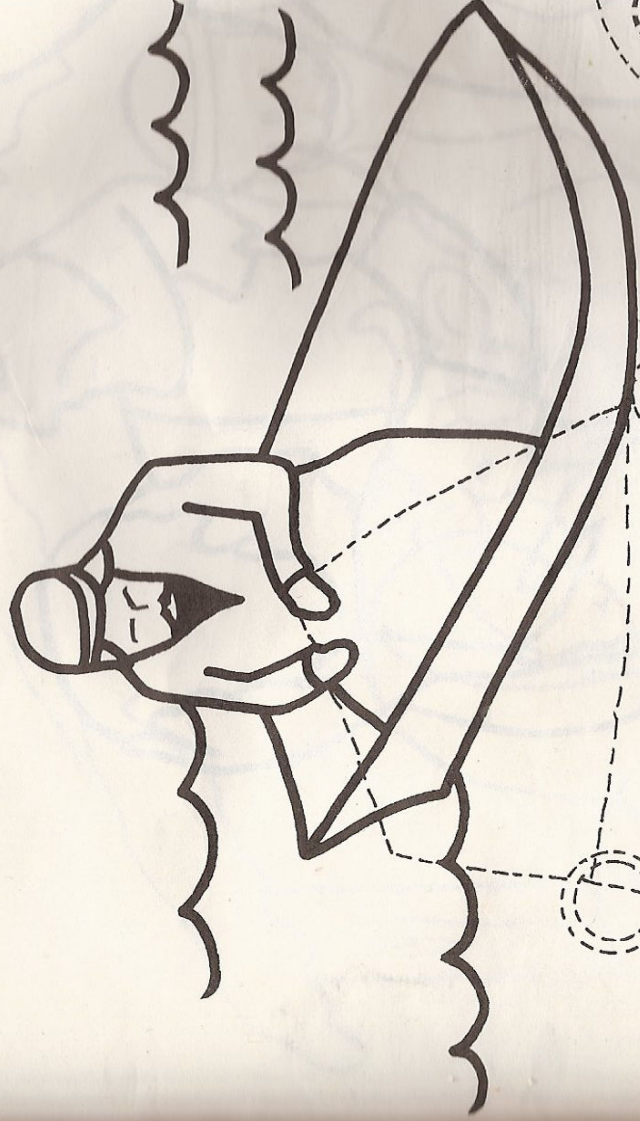
Baby Jesus



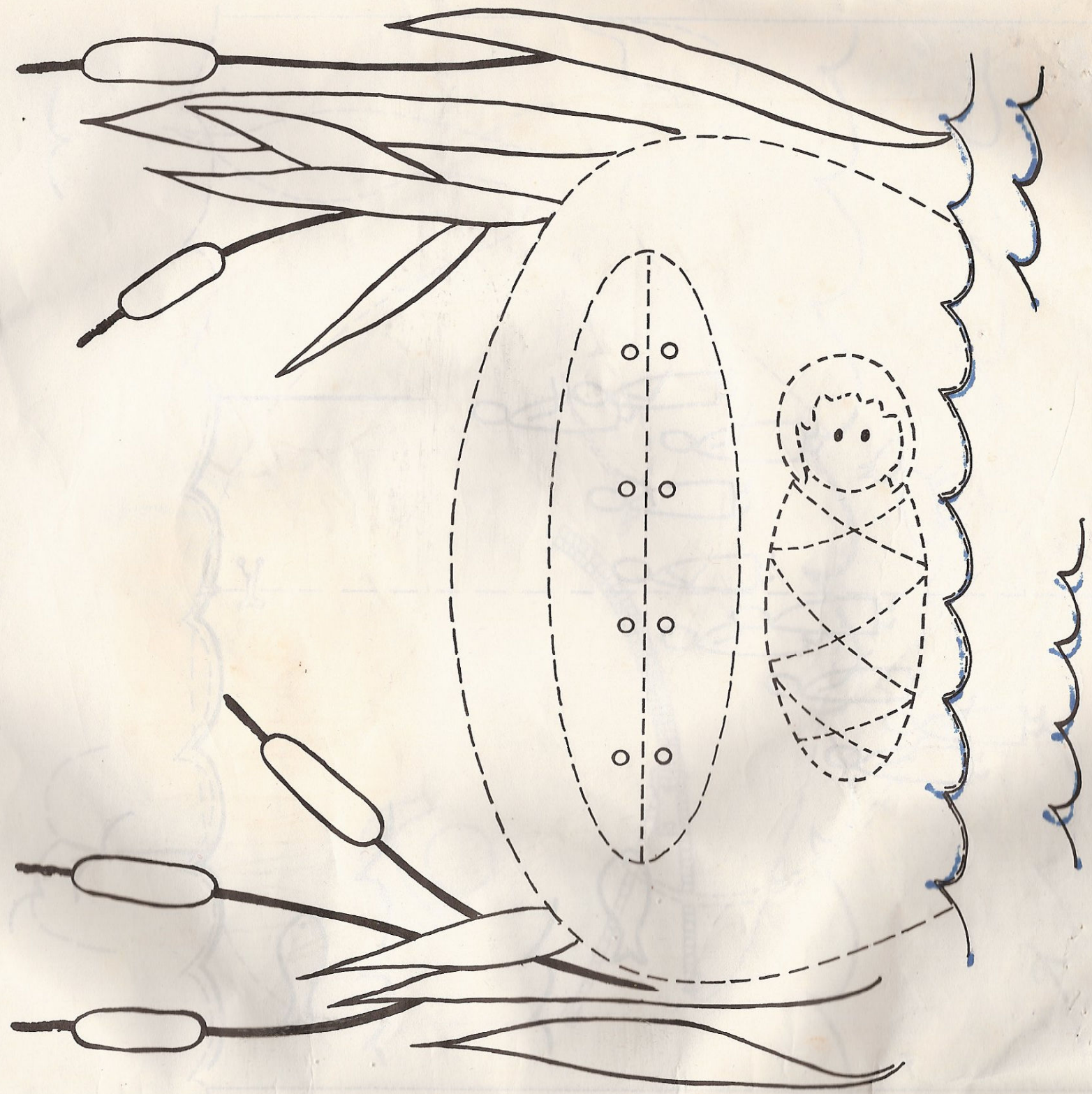
Jesus Loves Little Children



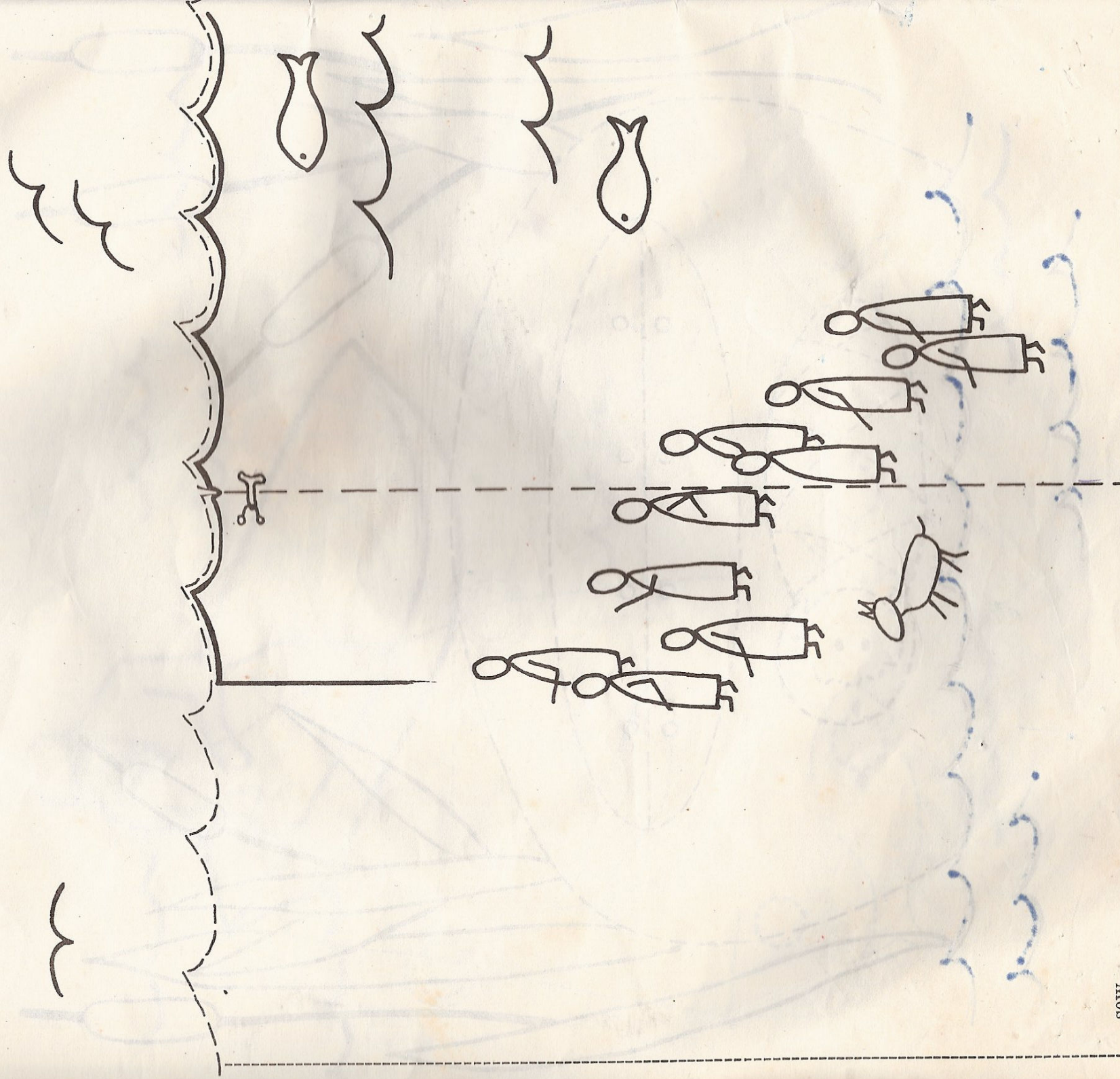
Peter Fishing



Moses in the Bulrushes



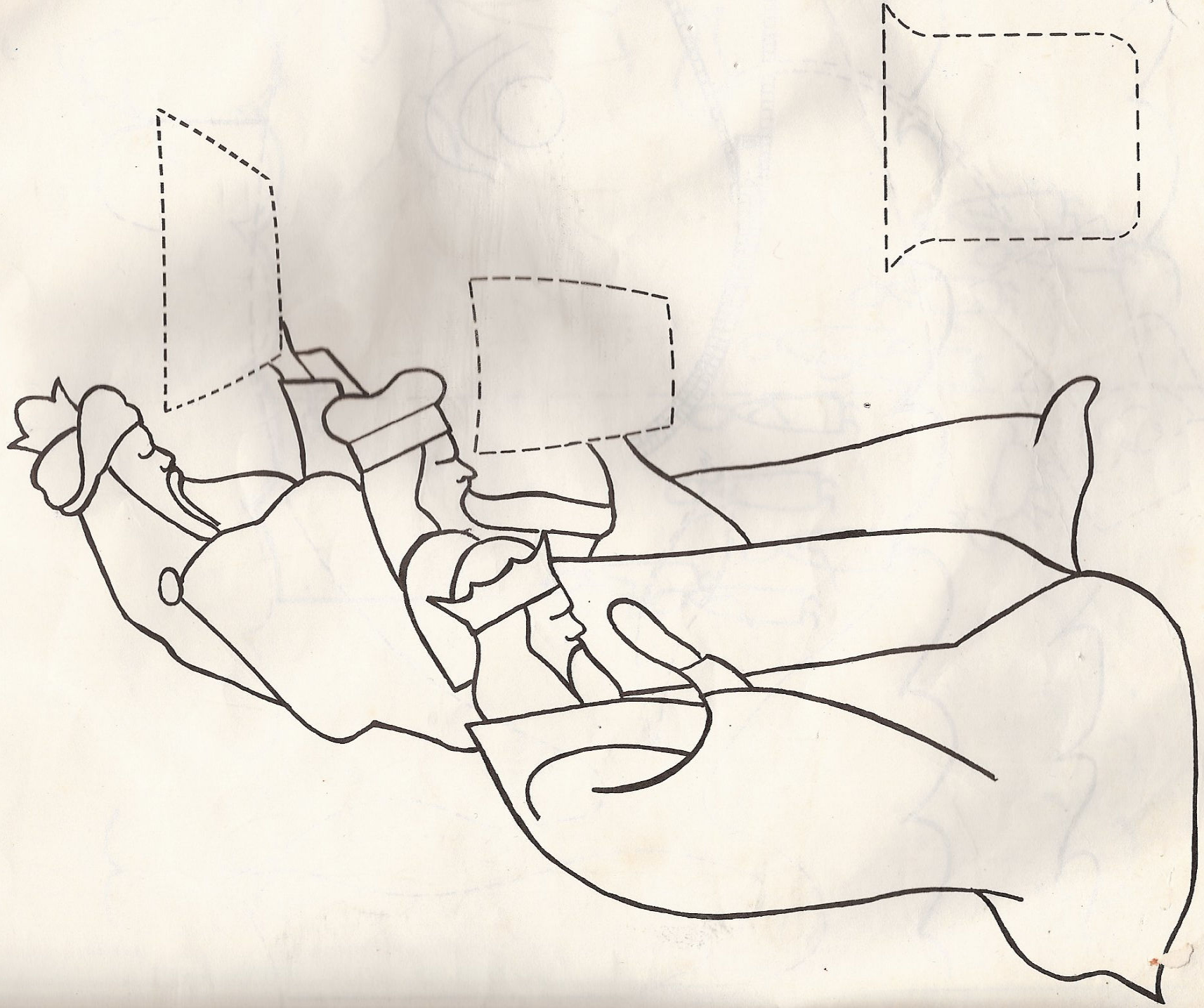
The Parting of the Red Sea



Jonah and the Whale

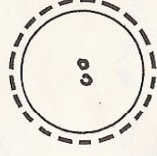
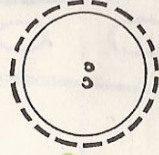
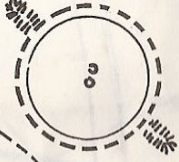
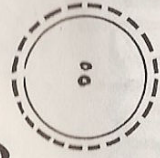
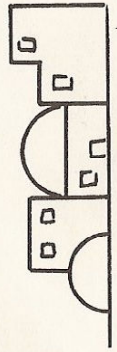


Three Wise Men



Lehi's Voyage

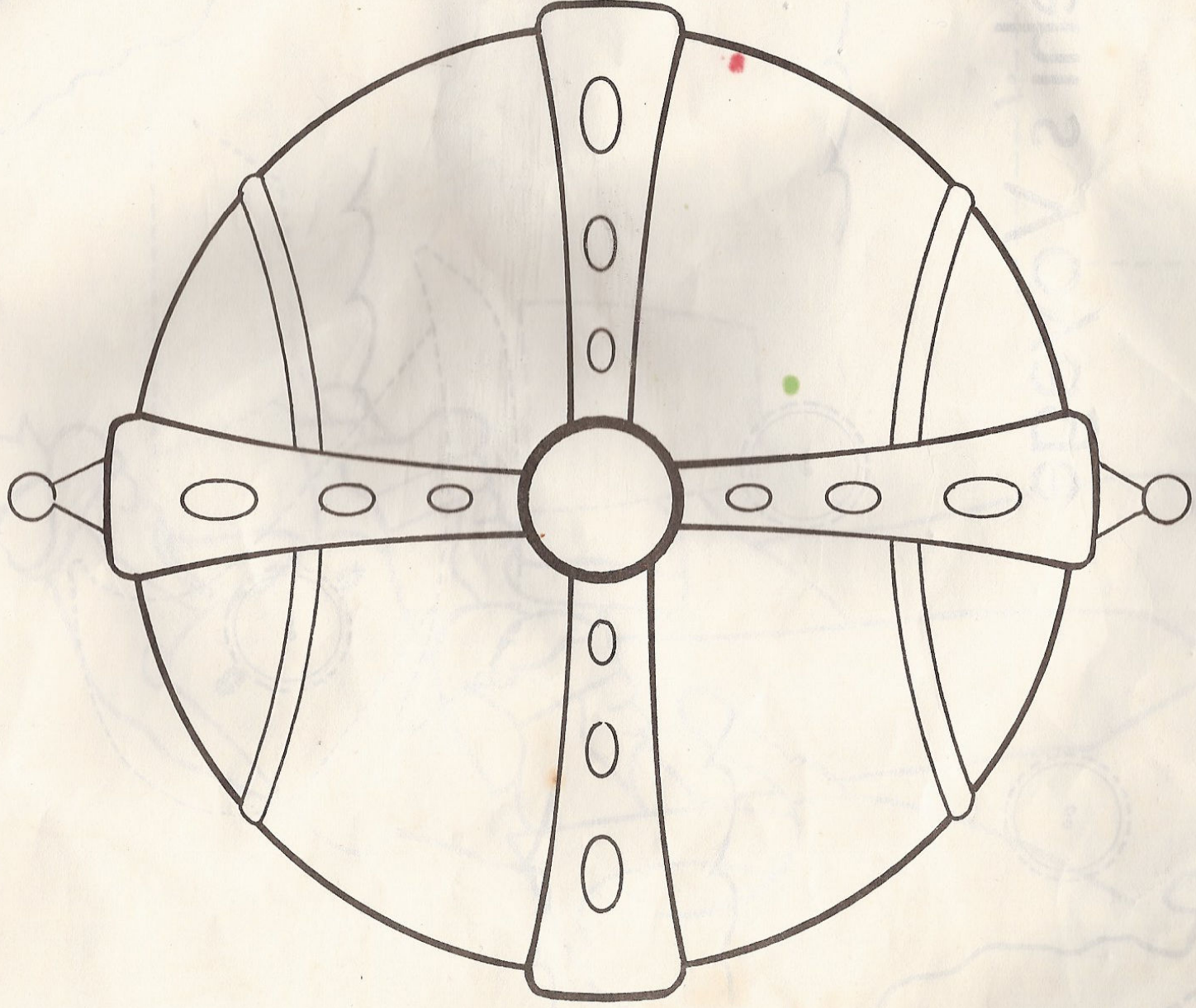
JERUSALEM



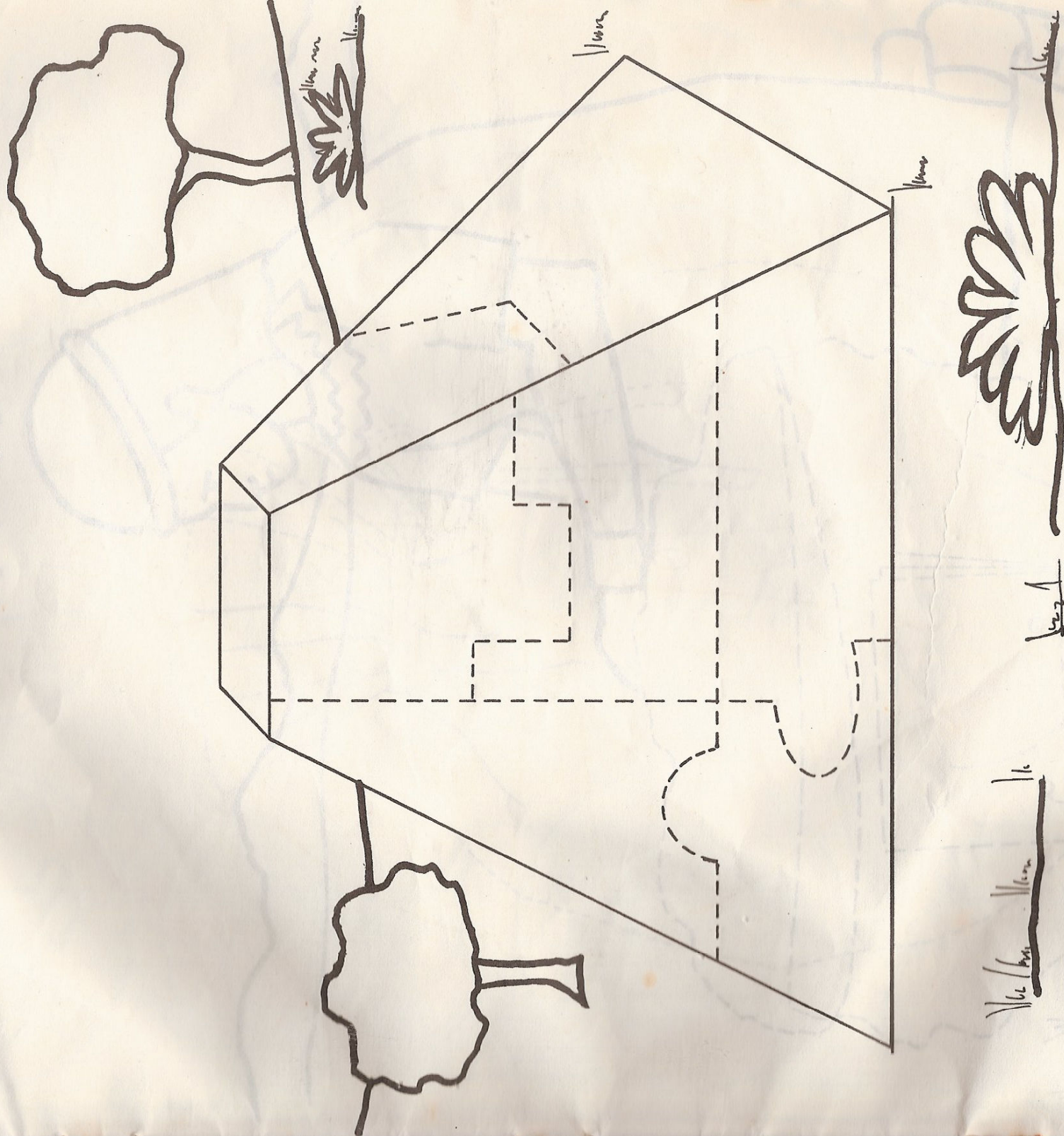
AMERICA



The Liahona

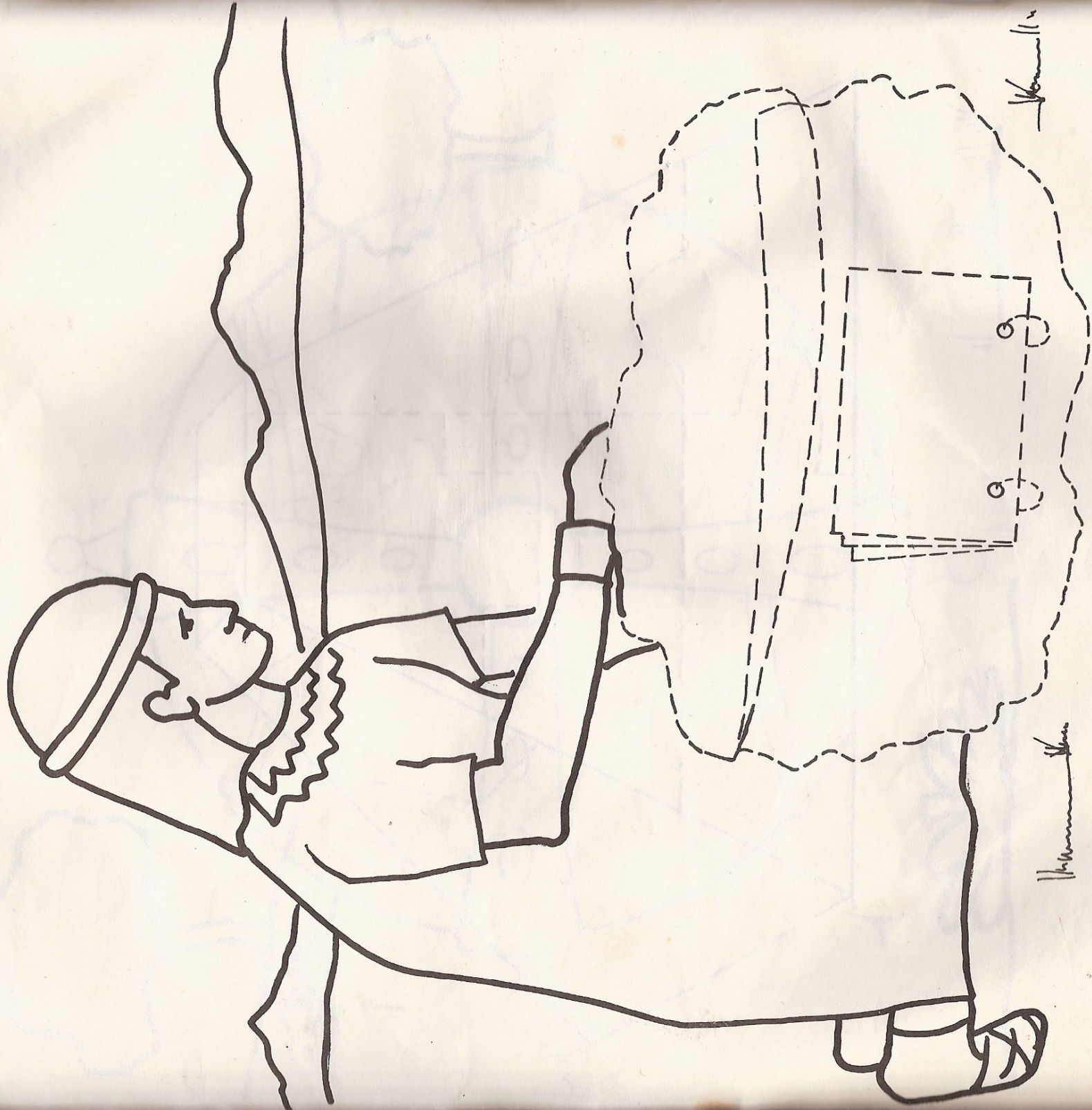


An Ancient Temple

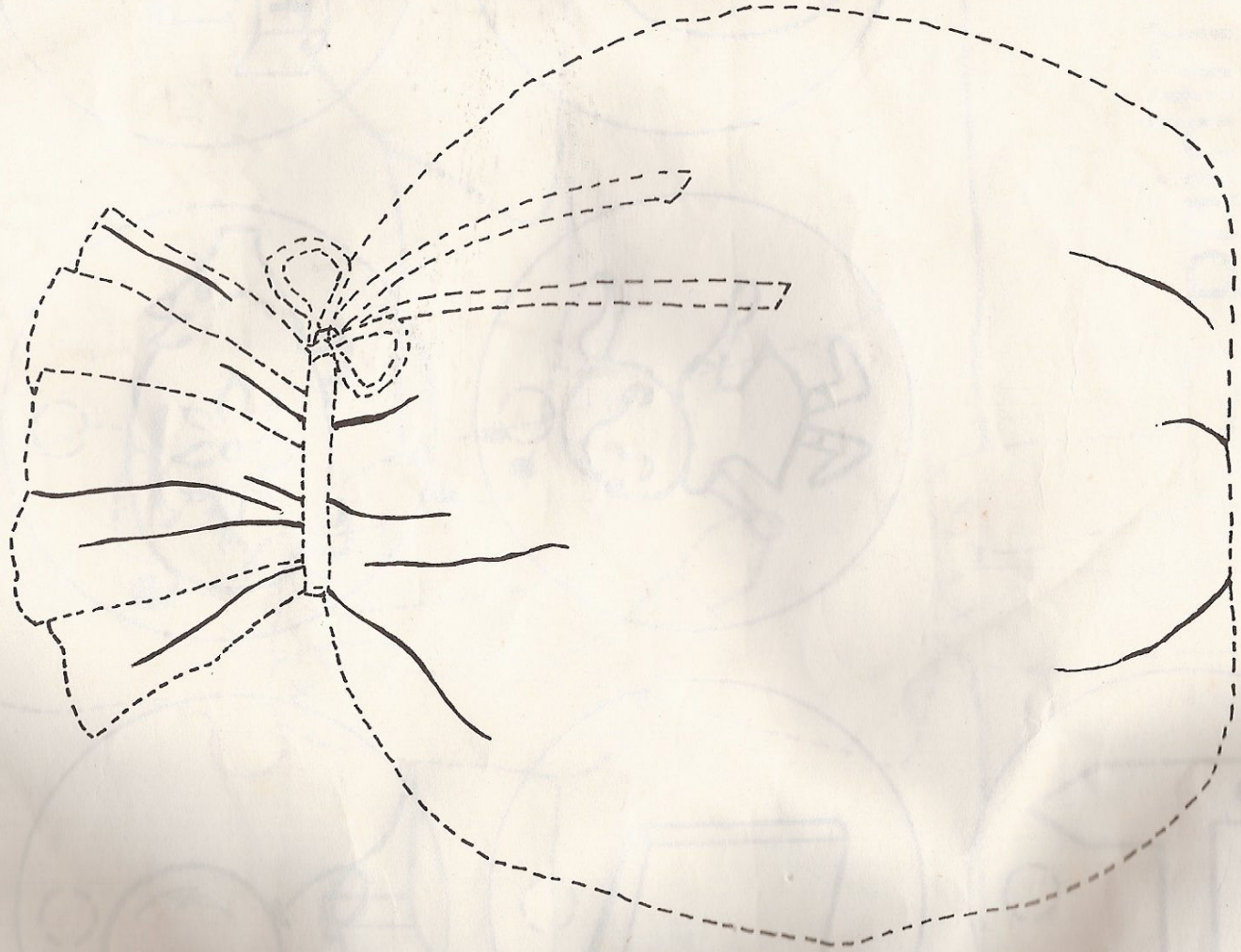


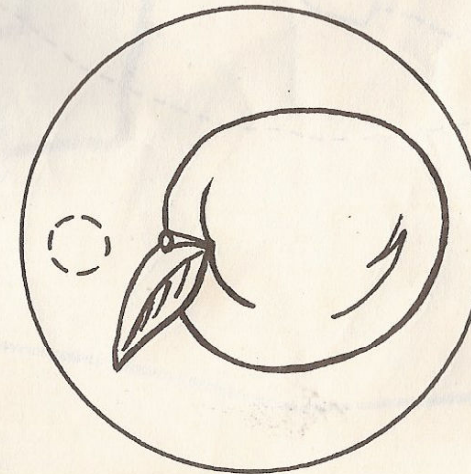
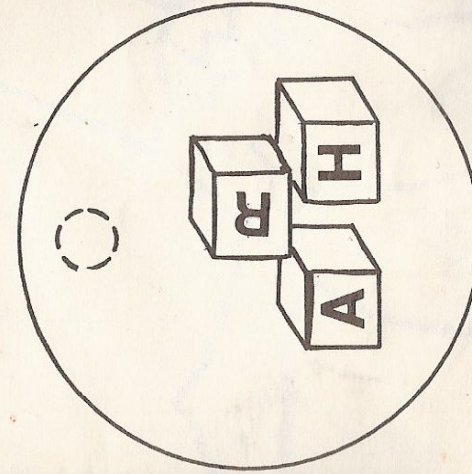
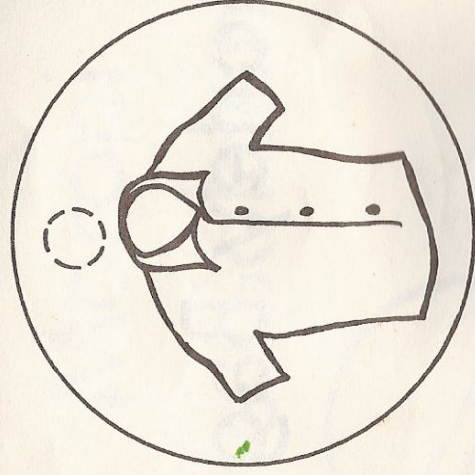
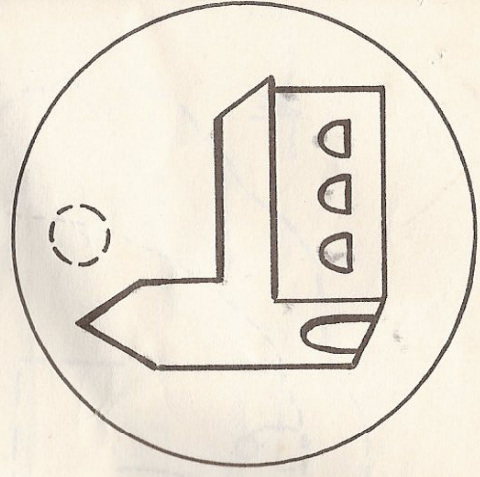
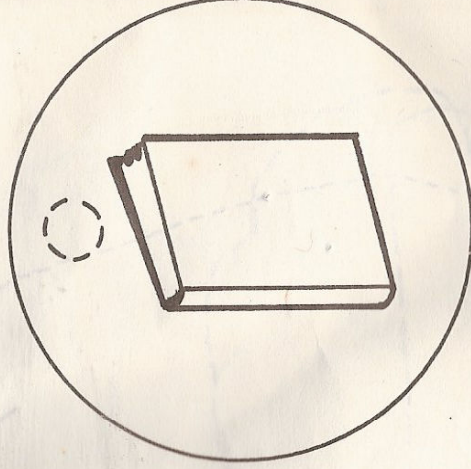
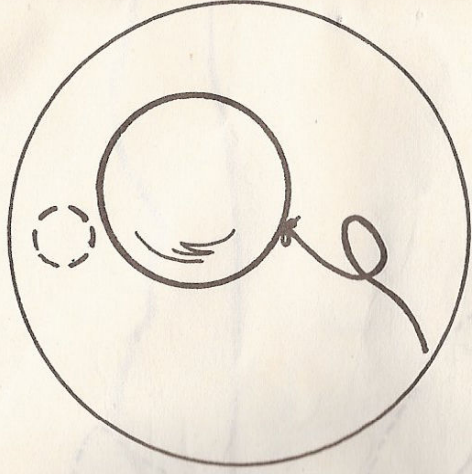
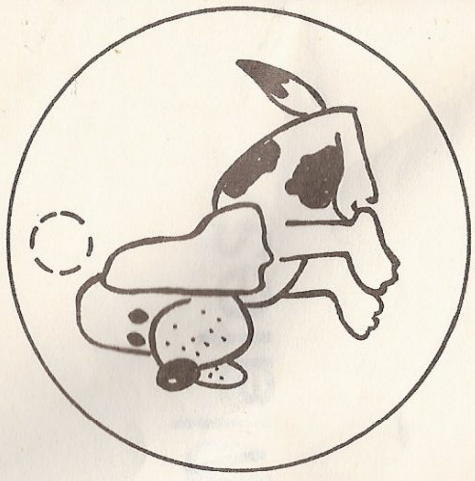
View View,

Moroni Hides the Golden Plates



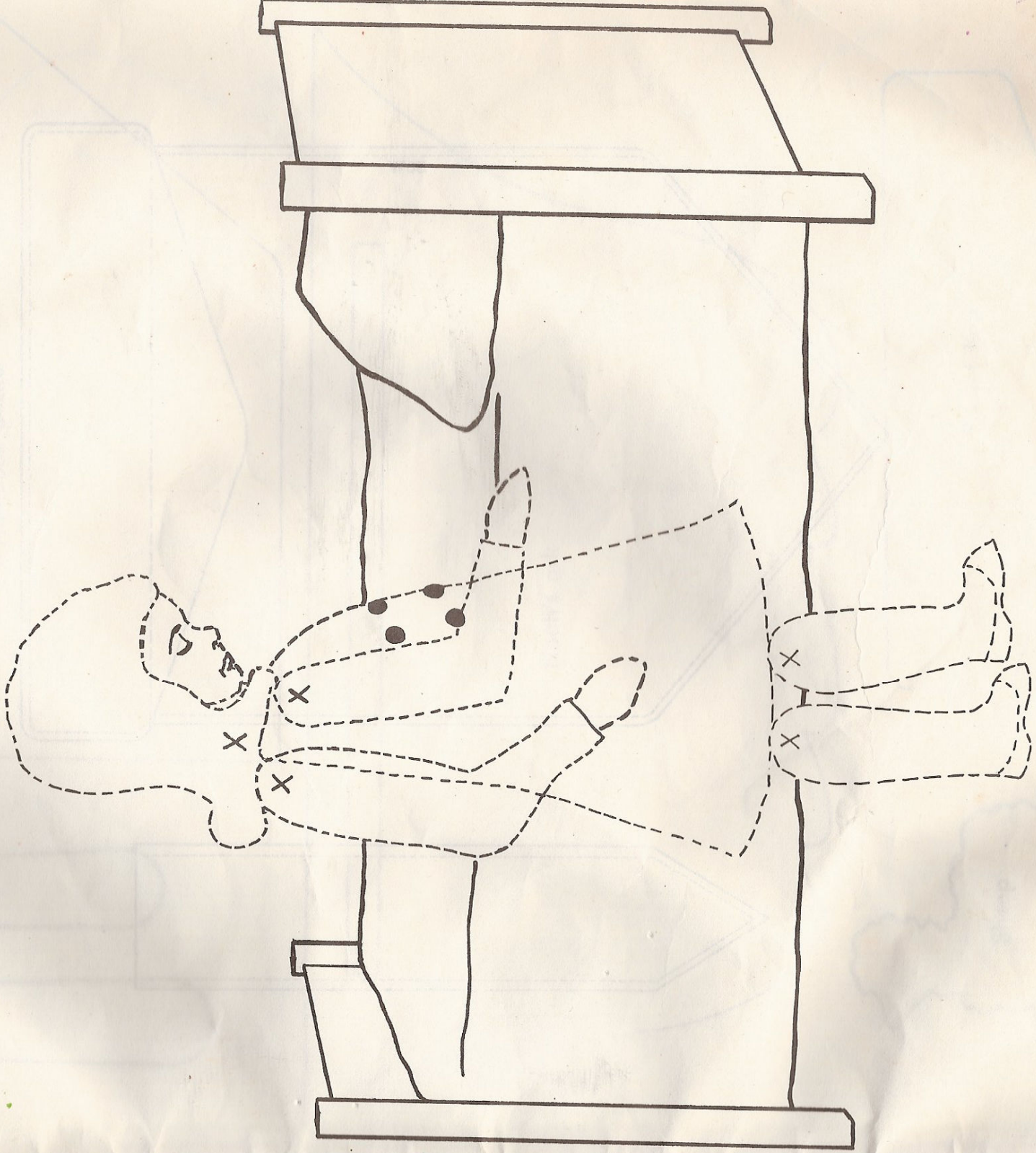
Money Bag

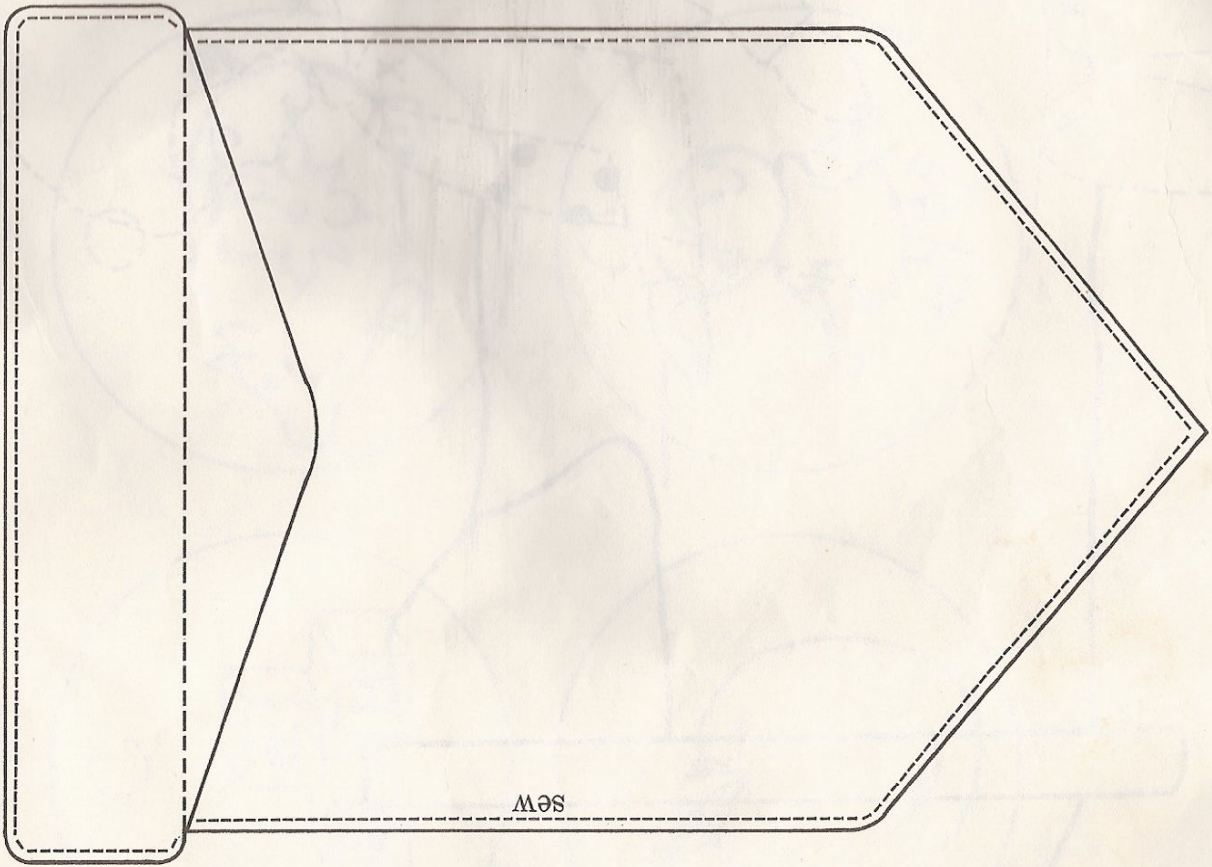




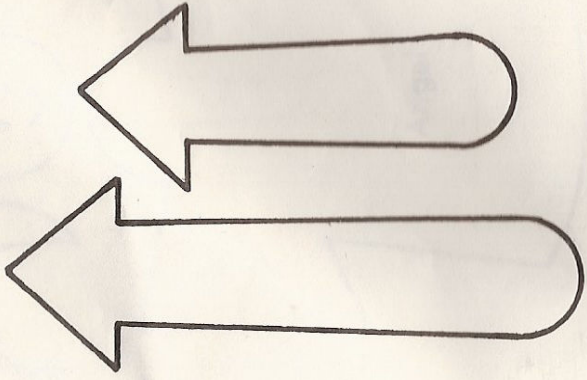
Tithing

Help Susie Say Her Prayers

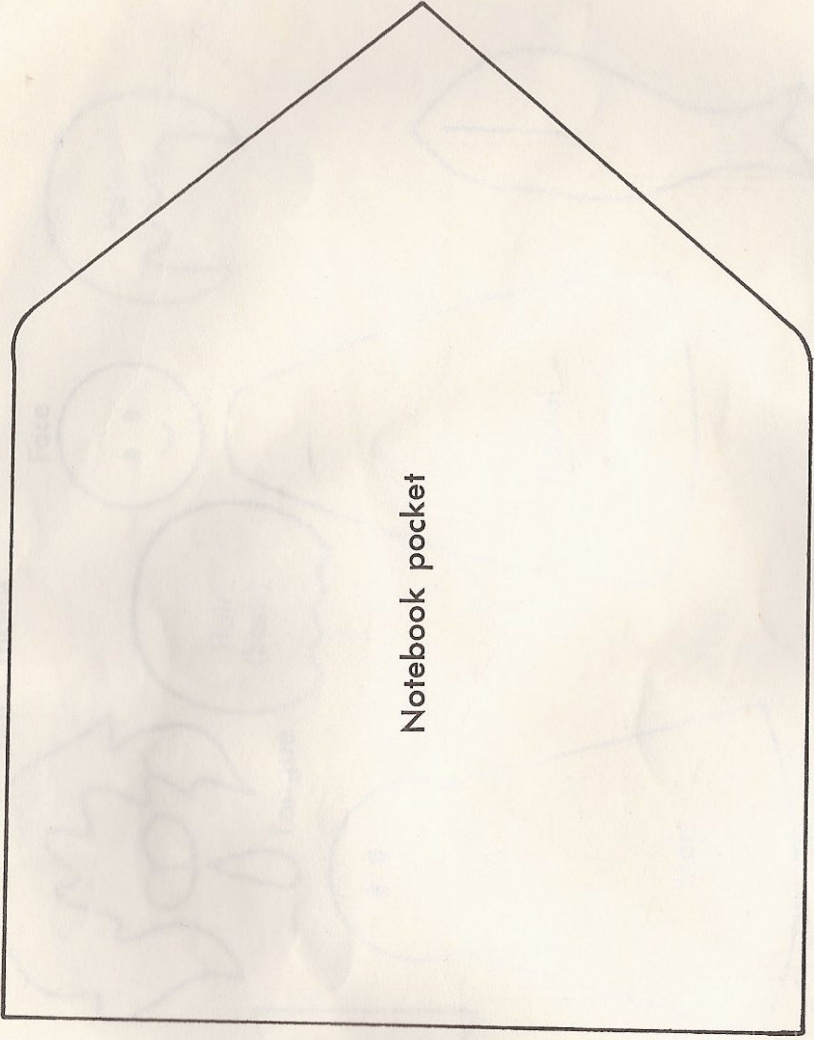




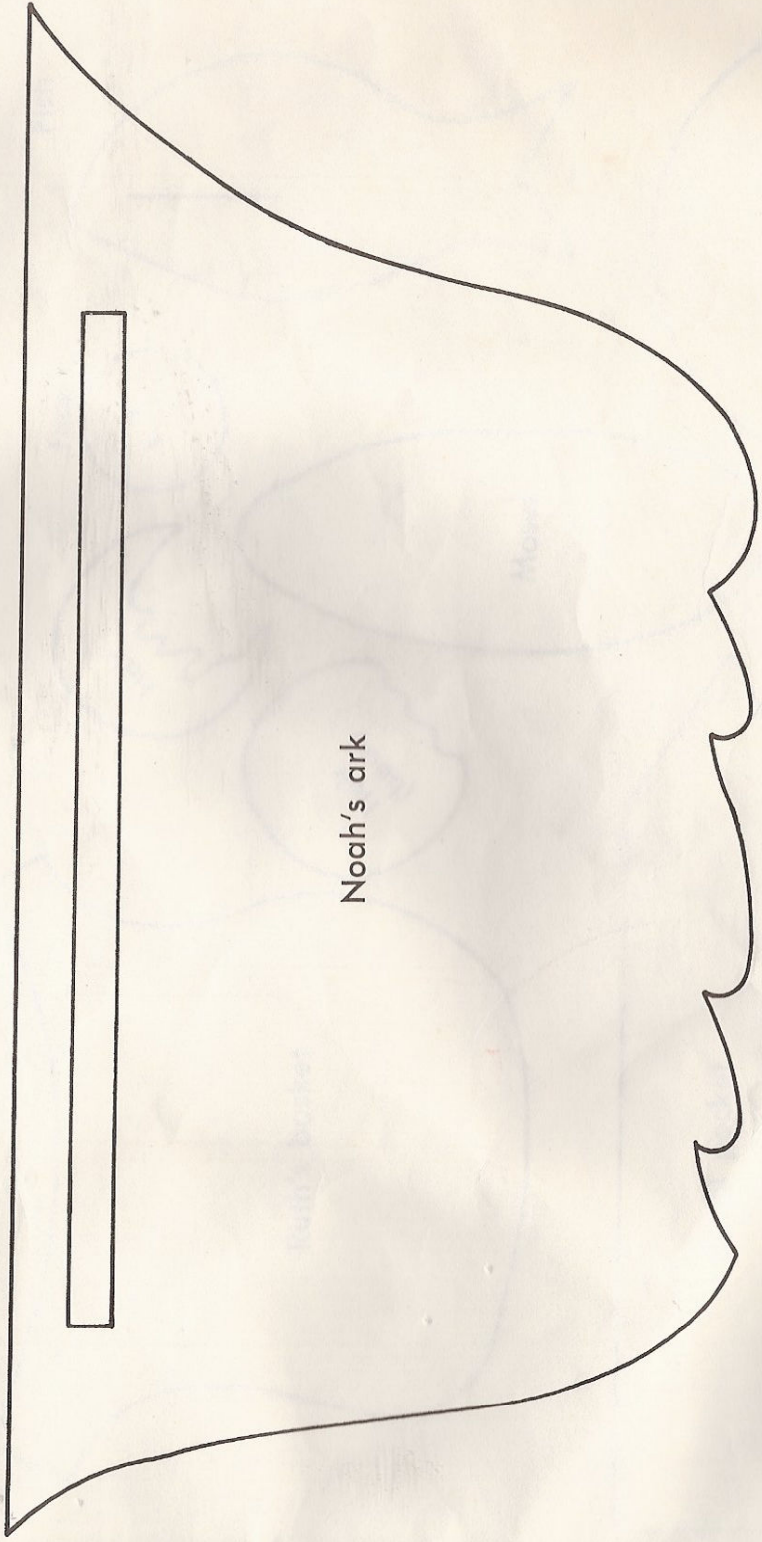
Clock hands



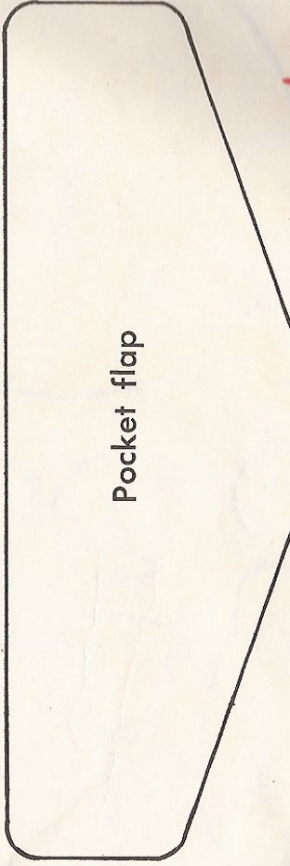
Notebook pocket



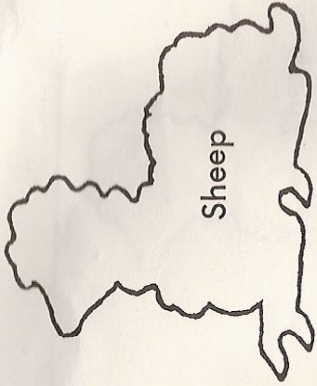
Noah's ark



Pocket flap



Sheep



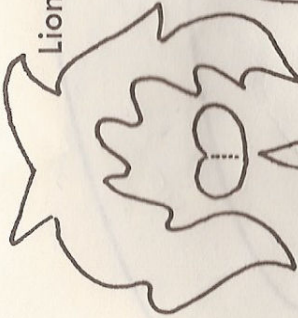
Face



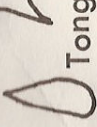
Hair



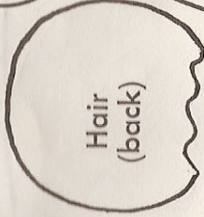
Lion's mane



Tongue



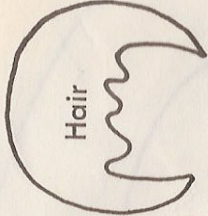
Hair (back)



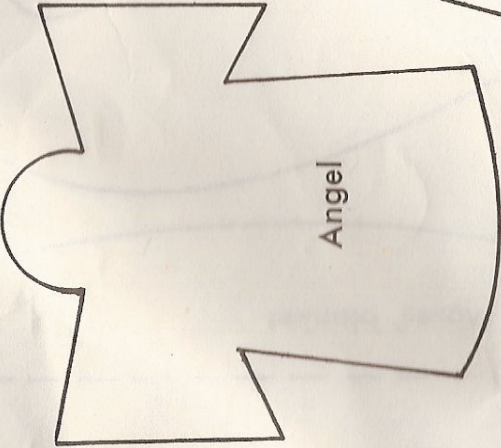
Face



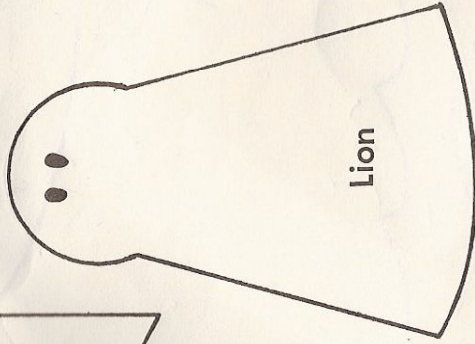
Hair



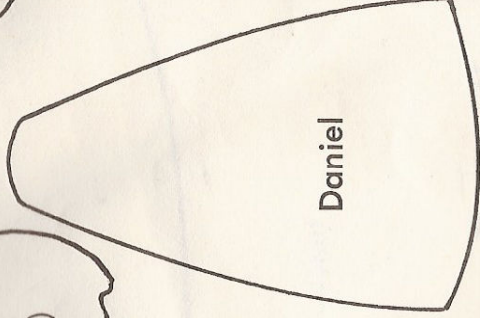
Angel



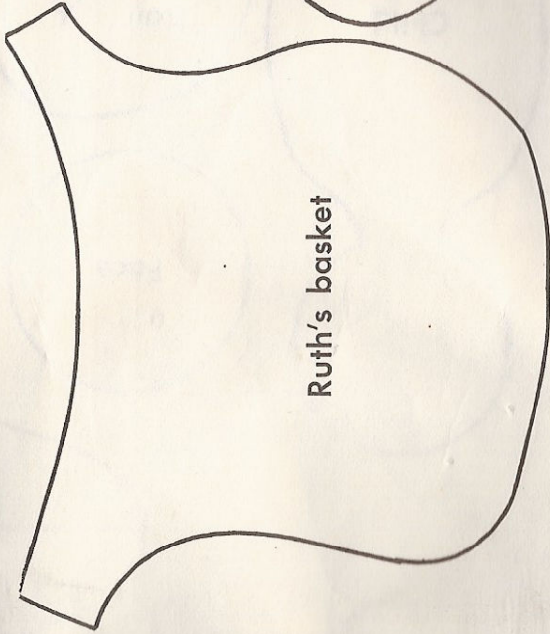
Lion



Daniel



Ruth's basket



Hair (back)



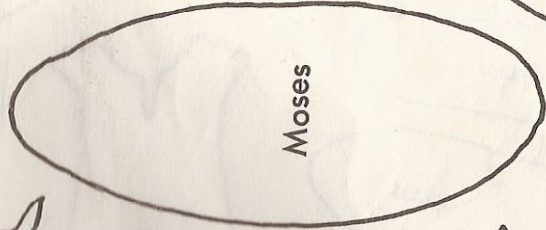
Hair



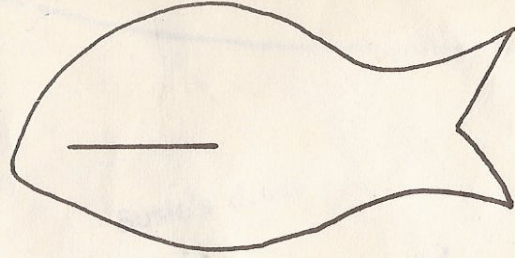
Face



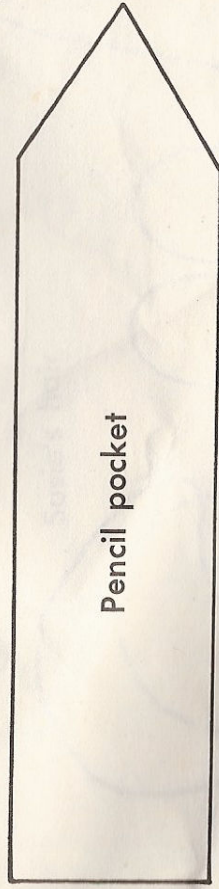
Moses



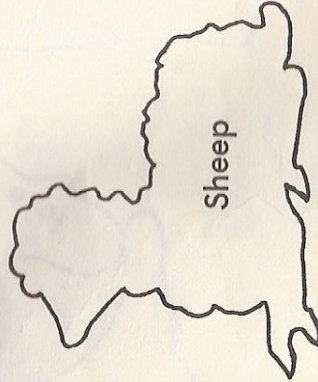
Fish



Pencil pocket



Sheep



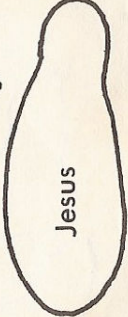
Back hair



Hair



Jesus



Face



Tithing coin

