

## EMERGENCY DENTAL FIRST AID KIT

(use for a toothache, loose or broken crown, lost filling when there is no dentist around)

**Tempanol Dental First Aid Kit** (abt. \$7.00 in US drug stores) comes in a handy plastic case & has a dislodged tooth or crown storage container.

**Tempanol Temporary Cap & Crown Cement** (abt. \$4.99)

This filler will work faster and probably a little better than the one contained in the kit above.

**Syringe** - to apply the oil of cloves inside the hole of a decayed tooth & around sore tooth. The Q-tip method that comes with the kits doesn't work as well in getting the medication to the spot needed.

**Dental mirror** - available at most drug stores in US

**Tweezers** -

**Dental probe** - Angled metal tool purchased at a US military surplus store. Used to apply & pack filler material in tooth.

<http://www.majorsurplusnsurvival.com/index.htm>

**Empty squeeze bottle** - When filled with warm water, it is used as a pressure washer to clean out food particles from around and in teeth. This is done prior applying filler material. (The syringe can also be used for this)

**Dental Floss** -

**Orthodontic wax** - Comes in some professional dental kits or purchased separately at drug stores. Used as tooth filler material & for people with braces.

**Ambosol** - A larger bottle to extended pain relief.

**Q-tips** - Used to dry tooth before applying filler material.

**Small cotton balls** - Used to dry tooth before applying filler material.

**A pair of examining gloves & a small flashlight**

**A bag to keep everything in.**

Copy of book "**Where There is no Dentist**" by Murray Dickson that explains procedures & equipment needed to treat dental emergencies.