

Journal Jar

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- ♥ 1. Who are some of my favorite people? Why?
- ♥ 2. Who am I closest to in my immediate family? How did our relationship grow?
- ♥ 3. What are my goals and dreams?
- ♥ 4. What do I look like?
- ♥ 5. Who is my best friend? What is she/he like?
- ♥ 6. Who are some of my "school friends"?
- ♥ 7. Have I ever learned something from being in an argument with someone? If yes, what?
- ♥ 8. What is the most valuable principle I've learned through my experiences with others?
- ♥ 9. What is my most embarrassing moment?
- ♥ 10. When was I the most proud of myself?
- ♥ 11. When were my parents most proud of me?
- ♥ 12. Have I ever stood up for what I believe, even when it was very hard? When?
- ♥ 13. What are some of my jobs at home?
- ♥ 14. What does my bedroom look like? Do I share a room? Am I comfortable in my room? What do I like best about my room?
- ♥ 15. Have I ever written a story, poem, or song I would like to add to my journal?

- ♥ 16. Who are my church leaders?
- ♥ 17. Who's my favorite schoolteacher? Why?
- ♥ 18. What do I think of myself?
- ♥ 19. Am I pleased with what I look like? If I could change any part of myself what would it be?
- ♥ 20. What is the weirdest dream I've ever had?
- ♥ 21. Do I like school? Why?
- ♥ 22. What's my best subject in school?
- ♥ 23. What's my least favorite subject in school?
- ♥ 24. Am I involved in any clubs or extra-curricular activities? (Sports, dance, choir, etc.)
- ♥ 25. Who is the prophet of the church right now? What am I learning from him?
- ♥ 26. What are some events that are happening in the world right now? (Include newspaper clippings).
- ♥ 27. Who is my favorite General Authority speaker? Why?
- ♥ 28. What has been a General Conference talk that has had an impact on me?
- ♥ 29. Describe a time when I felt the spirit very strongly.
- ♥ 30. What is my seminary class like? Who's in it? Who's my teacher? What's my favorite thing about my teacher? What am I studying this year? Do I enjoy it? Does the spirit thrive there?

- ♥ 31. What is my most favorite thing to do at home?

- ♥ 32. What's my most favorite movie, book, poem or song?

- ♥ 33. What are some of my talents?

- ♥ 34. Do I enjoy my everyday life? What's it like?

- ♥ 35. What's my favorite Christmas memory?

- ♥ 36. What's my favorite Christmas present I remember getting?

- ♥ 37. What are my favorite family holiday traditions?

- ♥ 38. Do I have a testimony? Write it down.

- ♥ 39. Where is my most favorite place to go, what is it like?

- ♥ 40. Have I ever had a "crush" on someone? Who, and do I still like him now? Describe him, and what attracts you to him.

- ♥ 41. Do I have a favorite sport, talent, etc.?

- ♥ 42. Describe each member of my family in my journal.

- ♥ 43. What's the best thing I've ever done with my life?

- ♥ 44. What is my favorite area in nature?

- ♥ 45. What pets have I had? Which one was my favorite?

- ♥ 46. What is my full name and who am I named after? If I could change it, what would I call myself?
- ♥ 47. What is my favorite scripture and what thoughts or feelings does it provoke?
- ♥ 48. Has anything major happened since the last time I wrote in my journal?
- ♥ 49. If I've received my patriarchal blessing, what is the most significant part to me?
- ♥ 50. Describe a time when I lost myself in the service of someone else. How did it feel?
- ♥ 51. Who are my Young Women teachers right now and how have they taught me the values?
- ♥ 52. What is my favorite food? When I cook for my family, what do I enjoy making most?
- ♥ 53. What childhood experiences do I remember, (funny stories, accidents, memories playing, etc.)?
- ♥ 54. What's my favorite music group? Why?
- ♥ 55. What's my favorite movie?
- ♥ 56. What's my favorite book in the scriptures? Why?
- ♥ 57. What has been my favorite Young Women's Mutual Night Activity?
- ♥ 58. What callings have I served in? How did I grow spiritually by serving?
- ♥ 59. What's my home life like? How could I improve or strengthen it?
- ♥ 60. What are my goals for the future?

- ♥ 61. What do I want to do after I get out of school?
- ♥ 62. What talents do I have that I want to strengthen?
- ♥ 63. What challenge or trial do I really want to overcome? How am I going to do it?
- ♥ 64. What is my favorite Young Women Value? Why?
- ♥ 65. Am I a good communicator? How can I improve this?
- ♥ 66. Am I a good listener? How can I improve this?
- ♥ 67. Am I a forgiving person? Is there anyone I need to forgive and what's the game plan?
- ♥ 68. Am I a good friend to other people? If so, how? If not, what can I do to improve this?
- ♥ 69. What can I do to strengthen my testimony?
- ♥ 70. Did I have a blanket or a favorite toy growing up?
- ♥ 71. What was my favorite birthday? What was the best birthday gift I ever got?
- ♥ 72. Describe my first driving experience.
- ♥ 73. Write about feeling loved and by whom.
- ♥ 74. Write about something or someone in your life that helped to grown and change.
- ♥ 75. Write about having to apologize to someone and patch things up.

- ♥ 76. What are the things I love and admire about my mother?
- ♥ 77. What are the things I love and admire about my father?
- ♥ 78. What are my relationships like with my brothers/sisters?
- ♥ 79. What was I interested in when I was a child? (Barbie, My Little Pony, etc.)
- ♥ 80. Who was my favorite elementary school teacher?
- ♥ 81. Who is/was my favorite junior high teacher?
- ♥ 82. Who is/was my favorite high school teacher?
- ♥ 83. What has been my favorite family vacation? Why?
- ♥ 84. What do I know about my grandfathers?
- ♥ 85. What do I know about my grandmothers?
- ♥ 86. Am I close to any aunts, uncles or cousins?
- ♥ 87. Have I ever done baptisms for the dead? What did I think and feel about it?
- ♥ 88. Describe your favorite summer activities.
- ♥ 89. Describe your favorite winter activities.
- ♥ 90. What qualities do I want in a husband/wife?

- ♥ 91. What kind of mother/wife do I want to be?
- ♥ 92. Do I have any favorite names picked for my future children?
- ♥ 93. If I could live anywhere, where would it be? Why?
- ♥ 94. If I could have anything I wanted out of life, what would it be?
- ♥ 95. What do I know about my Savior? What are feelings about Him?
- ♥ 96. What are my goals for making it back to live with my Father in Heaven?
- ♥ 97. Write about something you are grateful for.
- ♥ 98. Write your feelings about the scriptures.
- ♥ 99. Write about how a prayer was answered.
- ♥ 100. Write about something that drives you batty.
- ♥ 101. Write about how you feel about your country or serving your country.
- ♥ 102. Write about something you are grateful for.
- ♥ 103. Write your feelings about the scriptures.
- ♥ 104. Write about how a prayer was answered.
- ♥ 105. Write about what you like to read. What's your favorite book?

- ♥ 106. Write about your favorite kinds of movies to see. What are you favorites?
- ♥ 107. Write about receiving a long awaited letter.
- ♥ 108. Write about your favorite job.
- ♥ 109. Write about your least favorite job.
- ♥ 110. Write about getting your mission call.
- ♥ 111. Write about your M.T.C. experience.
- ♥ 112. Write about your mission president and your companions.
- ♥ 113. Write about some of your favorite mission memories.
- ♥ 114. Write about the best year you ever had.
- ♥ 115. Write about your favorite teacher.
- ♥ 116. Write about your favorite school memories (elementary, jr. high, sr. high, college, etc.)
- ♥ 117. Write about something that drives you batty.