Spírítual Advent Calendar

This is no ordinary advent calendar with little windows to open or snowmen to paste on. You are the only moving part. This calendar reviews the Savior's entire mission from the premortal councils on through his future return as Lord of Lord and King of Kings.

Beginning on December 1st, each day you'll read one or more passages of scripture, moving from epoch to epoch across the vast span of the Redeemer's work.

Each day there will be a suggestion of something you can do to grow closer to the Savior. There will also be a hymn or carol to sing.

December 1st

Remember the Savior's promise:

Scripture:

Mathew 18:20

Suggestion:

Invite your family to join you in each day's reading and singing.

Sona:

O Come All Ye Faithful Hymns 1985, Pg. 202

December 2nd

At Christmas we celebrate much more than the birth of a baby. We celebrate who that child already was, and what He would yet become. Christmas is a time of looking - to the past, with its glimpses of premortal glory, and to the future, with it's promise of eternity.

Scripture:

Mosíah 3:5, 8-10

Suggestion:

As you decorate for Christmas, choose or make a decoration that will remind you of the Savior and his mission.

Sona:

O Come All Ye Faithful Hymns 1985, Pg. 202

December 3rd

All that we have, the air we breathe, the light by which we see, are gifts from a loving Father and His Son. In this season of giving, let us give one of the greatest gifts we can offer; a grateful, humble heart.

<u>Scripture:</u>

Luke 17:12, 14-15, 17

<u>Suggestion:</u>

In one of your prayers today, give thanks fro every blessing you can name, without asking anything.

<u>Song</u>:

Count Your Many Blessings Hymns 1985, 241

December 4th

Many people are hungry - not just for food, but for love, for acceptance, for support. Some are starving spiritually, Jesus knew how to feed every kind of hunger. In our small way we can do the same.

Scripture:

Mathew 14:15-19

<u>Suggestion:</u>

Feed someone spiritually. Write your testimony in a Book of Mormon and give it away.

Sona:

Tell Me the Stories of Jesus Childrens Songbook, 1989, Pg. 57

December 5th

Christmas shines with lights on trees, houses and city streets. As you recall the bright star over Bethlehem, do we remember the source of all light?

Scripture:

DEC 88:6-13

Suggestion:

Look up at the heavens and think about who made the sun, moon and stars. Record your feelings in your journal.

Song

The Lord is My Light Hymns Pg. 89

December 6th

Jesus was a healer. He touched away blindness and filled withered limbs with new life. He restored the mind and soul surrounded by much hurt and sorrow. We can, in our own way, be healers also. Sometimes a kind word and a helping hand are all that is needed.

Scripture:

3 Nephí 17:5, 6, 9

Suggestion:

Try to be as kind as possible to others today.

<u>Song:</u>

I Need Thee Every Hour Hymns Pg. 98

December 7th

The Savior knows the weight of our suffering and the depth of our pain. He has suffered for us, and He loves us without reservation. There is no problem so hard or despair so dark that He can't help us if we let Him.

Scripture:

Isaíah 53:3-5, Matthew 11:28

<u>Suggestion:</u>

Go out of your way to befriend someone who needs a friend. Follow through in the days and weeks to come.

Song

Come unto Jesus Hymns Pg. 117

December 8th

The greatest blessings aren't those of getting, but those of becoming.

Jesus taught:

<u>Scripture:</u>

3 Nephí 12:3-9

Suggestion:

Foster peace on earth by not quarreling with others.

<u>Sono:</u>

More Holiness Give Me Hymn Pg. 131

December 9th

In a world divided by national, religious, political and racial hatreds, it's time everyone reviewed Jesus' answer to the question, "Who is my neighbor?"

<u>Scripture:</u>

Luke 10:30-34, 36

<u>Suggestion:</u>

Do a good deed anonymously.

Sona:

Because I Have Been Given Much Hymns Pg. 219

December 10th

We take our free agency for granted, but it was seriously challenged before our mortal lives began. This Christmas let's give thanks for the one who defended or freedom.

Scripture:

Moses 4:1-3

Suggestion:

use your free agency to set some goals for yourself. Seal a copy in an envelope to be opened in one year.

Sona.

How Great the Wisdom and the Love Hymns Pg. 195

December 11th

We could labor every day of our lives and still not repay the kindness of our Lord, but he has shown for us that there is a way to serve him.

Scripture:

Mathew 25:37-40

Suggestion:

Vísít someone who is sick or lonely.

Sona:

A Poor Wayfaring Man of Grief Hymns Pg. 29

December 12th

The Master taught that it isn't what you have that counts; it's what you give. Giving of yourself can fill your world with joy, not only at Christmas, but all year long.

Scripture:

3 Nephí 13:19-20

<u>Suggestion:</u>

You'll treasure the time you spend helping others. Do volunteer work for some worthy cause.

Song:

l Heard the Bells on Christmas Day Hymns, Pg. 214

December 13th

We don't like to think of illness or death at Christmas time, but these shadows can fall on any season. Jesus taught us an unforgettable lesson in empathy when he shared the grief of his friends after the death of Lazarus.

<u>Scripture:</u>

John 11:35, 36, 41, 43, 44

Suggestion:

Do something to bring cheer to someone who has a reason to feel sad.

Sona:

Abide With Me Hymns Pg. 166

December 14th

Christmas could hardly be Christmas without children. They are so much of the magic in the season. The Savior also loved children. In both the New World and the old, He called the little ones to Him.

Scrípture:

3 Nephí 17:12, 21, 24

Suggestion:

Do something fun with a child.

Sona:

1 Think when I Read That Sweet Story Children's Songbook, Pg. 56

December 15th

Turmoil and strife, combat and competition - our world is full of the consequences of man. But the Savior told us how to try to succeed, through peace on earth and good will toward men.

<u>Scrípture:</u>

John 14:15, Matthew 7:12, Mark 10:43-44, John 13:34-35

Suggestion:

Today tell someone that you love them. Express love for the Lord in your prayers.

Sona:

Love One Another Hymns Pg. 308

December 16th

Jesus came to lift our burdens. One of the heaviest burdens we carry is that of hate. In teaching us to forgive, the Lord set us free.

Scripture:

Mathew 18:21-22; 6:14-15 3 Nephí 12:44

<u>Suggestion:</u>

Try to forgive someone who has wronged you. If appropriate go to him today and be reconciled.

Song:

Díd You Thínk to Pray Hymns, Pg. 140

December 17th

Have you ever wished you could be baptized again and start over fresh? When we repent of our sins and partake of the sacrament worthily, we renew our covenants and are clean.

Scripture:

3 Nephí 18:1,3,5,7,9-11

Suggestion:

As you partake of the sacrament, make a special effort to think about the Savior.

Sona:

While of These Emblems We Partake Hymns Pg. 173

December 18th

We all have storms in our lives; storms of fear, anger and regret; storms at home, work and at school. The Master's hand can calm all our tempers.

<u>Scripture:</u>

Mathew 8:23-26

Suggestion:

Be a calming influence today. Try extra hard to control your temper.

<u>Song:</u>

Master, the Tempest is Raging Hymns, Pg. 105

December 19th

The greatest victory of all time was not won on a battlefield but in a quiet hillside garden. We cannot fully understand the cost of that triumph, but as Christmas draws near we should at least try.

Scripture:

Mathew 26:39 DSC 19:16-19

Suggestion:

Accept the gift of forgiveness. Pray to Heavenly Father about some weakness and ask for help in repenting of it.

Sona:

How Great Thou Art Hymns Pg. 86

December 20th

Some things are almost too painful to think about. To see our Savior mocked and murdered is one such thing. And yet, through the Scriptures, we should visit Calvary from time to time. We must never forget Jesus died so that we might live and live more abundantly.

Scripture:

Matthew 27:28-30, Luke 23:33-34 Mark 15:29-32

Suggestion:

Read the accounts of the crucifixion in the four Gospels and then write your feelings in your journal.

Song:

There is a Green Hill Far Away .Hymns, Pg. 194

December 21st

The morning of Christ's resurrection was the brightest morning in all history; a time of transcendent joy following the gloom of the crucifixion. The words of the angel still echo down the centuries undiminished. He is risen: Those words signaled more than the triumph of a God. They procalimed the supremacy of life over death. As we celebrate Christmas, we also celebrate the free gift of immortality for all mankind.

Scripture:

Matt 28:1-6, Isaíah 25:8

Suggestion:

Read the accounts of the resurrection in the four Gospels and 3 Nephi. Record your feelings in your journal. (See Matt 28, Mark 16, Luke 24, John 20, 3 Nephi 11)

Sona:

He is Risen Hymns Pg. 199

December 22nd

As the holidays get busier and busier, we become involved in so many things - running errands, attending parties, buying presents, choosing wrapping paper and ribbons. It's easy to become focused on material things. Instead, let's remember where our lives ought to be centered.

Scrípture:

John 6:35, 10:14, 11:25, 8:12

Suggestion:

Go look at Christmas lights and think about where all light really comes from.

Song:

The Lord is My Shephard Hymns, Pg. 108

December 23rd

Jesus is no mere figure from the past, captive in the pages of scripture. He lives today! He holds the universe to its course, and guides the work of His servants on the earth.

Scripture:

DSC 76:19-20, 22-24

Suggestion:

Go out with friends singing Christmas carols, but add some hymns about other aspects of Christ's ministry.

December 24th

Jesus came to Bethlehem a humble babe, born in poverty; but he has promised to return to earth in majesty. Then heaven and earth will be reconciled and the King of Kings will reign.

Scrípture:

Mathew 24:27, 29-30,36,42

Suggestion:

Try to live this day as if it were the day of Christ's second coming.

Song:

When He Comes Again Children's Songbook, page 82

December 25th

Jesus was born in the meridian of time, thus giving an ideal vantage point from which to look both backward and forward. For the last 24 days you have stood, as it were, in Bethlehem, gazing in both directions. You have heard the Master's voice in premortal councils. You have seen him suffer, die and rise again. You have watched him return triumphant in the clouds of heaven. Now you are ready to focus with great joy on that moment when heaven came down to earth.

<u>Scripture:</u>

1 Nephí 11:14-15, 18-21 Luke 1:30-32, 34-35, 38 Luke 2:1,3-16

Suggestion:

Consider what gift you could give the Savior and determine to give it all year long.

Song:

Joy to the World, Hymns Pg. 201

Merry Christmas

We nope you've enjoyed this Christmas pilgrimage through the life of the Savior. If you have, there is still one last gift to open.

Open your LDS edition of the Bible to the Topical Guide and look under "Jesus Christ." You will have 18 % pages of references.

Christmas may be past, but you can go right on reading about the Savior's mission. In fact, what you have received here was only a small taste of the scriptural feast available.

The suggested activity for this day and the rest of your life is to read and enjoy the word of God as found in the Holy Scriptures. Give yourself a gift that fills every day of your life with the real spirit of Christmas.

