Sustaining Means Helping

President Eyring said that when we raise our hands to sustain people, we promise to help them do what they have been called to do.

Which of the children above are sustaining a leader or teacher?

Here are some of the people we sustain: prophet, bishopric or branch presidency, ward or branch mission leader, Primary teacher, Primary leaders.

Write down or discuss with your parents something you can do to sustain these people.

ILLUSTRATIONS BY SCOTT GREER; PHOTO ILLUSTRATIONS BY WELDEN C. ANDERSEN, HYUNGYU LEE, AND FRANK HELMRICH