

Beehives:

When a young woman reaches age 12, the bishop interviews her. She advances from Primary to Young Women and begins attending Young Women meetings during Primary sharing time (see 11.4.3). She is a member of the Beehive class.

For the early pioneers of the Church, the beehive was a symbol of harmony, cooperation, and work. When the young women of the Church were first organized as a group, they were known as Beehives.

As a member of a Beehive class today, a young woman strengthens her faith in Heavenly Father and Jesus Christ and learns to work with others in harmony and cooperation. This is a time for her to stand for truth and righteousness and “arise and shine forth” (D&C 115:5).

The standards found in *For the Strength of Youth* provide sure direction to strengthen and guide us. As we keep gospel standards, we will be of great service in the Church and the world. We will also be worthy to receive the ordinances of the temple.

The standards in this booklet will help you with the important choices you are making now and will yet make in the future. We have been promised by the first presidency that as you keep the covenants you have made and these standards, you will be blessed with the companionship of the Holy Ghost, your faith and testimony will grow stronger, and you will enjoy increasing happiness

Mia Maids:

A young woman becomes a member of the Mia Maid class when she reaches age 14. The term Mia refers to the Mutual Improvement Association (MIA), which was once the name of the youth program in the Church. The word Maid means young woman. The Mutual Improvement Association adopted the rose as an emblem of their organization, and that emblem continues with Mia Maids today as a symbol of love, faith, and purity.

As a member of a Mia Maid class today, a young woman strengthens her testimony of Heavenly Father and Jesus Christ, accepts and acts upon the Young Women values, and learns about love, faith, and purity.

The Young Women motto is “Stand for Truth and Righteousness.”

The Young Women logo is a torch surrounded by the Young Women motto. The torch represents the light of Christ that can shine through each young woman. Young women are invited to “arise and shine forth, that [their] light may be a standard for the nations” (D&C 115:5).

Laurels:

A young woman becomes a member of the Laurel class when she reaches age 16. For centuries, the leaves of the laurel tree have symbolized honor and accomplishment, especially when woven into a crown.

As a member of a Laurel class today, a young woman prepares to make and keep sacred covenants and receive the ordinances of the temple.

The purpose of the Young Women organization is to help each young woman be worthy to make and keep sacred covenants and receive the ordinances of the temple. To accomplish this purpose, Young Women leaders guide each young woman in accomplishing the following objectives:

1. Strengthen her faith in and testimony of Heavenly Father and Jesus Christ.
2. Understand her identity as a daughter of God.
3. Be worthy by obeying the commandments and living gospel standards.
4. Receive, recognize, and rely on the promptings of the Holy Ghost.
5. Prepare for her divine roles as a daughter, wife, mother, and leader.
6. Understand and keep her baptismal covenants.

The Young Women theme provides a foundation for helping each young woman accomplish the objectives of the Young Women program.

Young women and their adult leaders repeat the theme at the beginning of Sunday meetings and at other Young Women gatherings. The theme reads as follows:

“We are daughters of our Heavenly Father, who loves us, and we love Him. We will ‘stand as witnesses of God at all times and in all things, and in all places’ (Mosiah 18:9) as we strive to live the Young Women values, which are:

Faith, Divine Nature, Individual Worth, Knowledge, Choice and Accountability, Good Works, Integrity and Virtue.

“We believe as we come to accept and act upon these values, we will be prepared to strengthen home and family, make and keep sacred covenants, receive the ordinances of the temple, and enjoy the blessings of exaltation.”

Divine Nature is represented by the color blue: I have inherited divine qualities, which I will strive to develop (see 2 Peter 1:4–7).

Faith is represented by the color white. I am a daughter of Heavenly Father, who loves me. I have faith in His eternal plan, which centers in Jesus Christ, my Savior (see Alma 32:21).

Most Young Women activities occur during a time called Mutual. These are our Wednesday night activities. The term “Mutual” suggests shared experiences in which there is mutual respect and support for one another and opportunities to learn together. Mutual activities provide us with a variety of opportunities to serve others and to develop spiritually, socially, physically, and intellectually.

Each year, the First Presidency announces a theme for Mutual. This year our mutual theme is D&C 87:8 “Wherefore, stand ye in holy places, and be not moved, until the day of the Lord come; for behold, it cometh quickly, saith the Lord. Amen.”

Individual Worth is represented by the color red: I am of infinite worth with my own divine mission, which I will strive to fulfill (see D&C 18:10).

Young Women Personal Progress is an achievement program designed to help us:

- Strengthen our testimonies of Jesus Christ.
- Strengthen both our present and future families.
- Prepare to be worthy to make and keep sacred temple covenants.
- Prepare for our future roles and responsibilities.

We work with our parents, Young Women leaders, and other exemplary women to set and accomplish goals based on the eight Young Women values. As you learn to accept and act upon the Young Women values in your life, you will form personal habits of prayer, scripture study, obedience to the commandments, and service to others. These daily personal habits will strengthen your faith in and testimony of Jesus Christ. They will also allow you to recognize and develop your unique gifts.

Knowledge is represented by the color green: I will continually seek opportunities for learning and growth (see D&C 88:118).

We would also like for you to conduct the music! 😊

Choice and Accountability is represented by the color orange: I will choose good over evil and will accept responsibility for my decisions (see Joshua 24:15).

We would also like for you to play the songs! 😊

Good Works is represented by the color yellow: I will help others and build the kingdom through righteous service (see 3 Nephi 12:16).

Integrity is represented by the color purple: I will have the moral courage to make my actions consistent with my knowledge of right and wrong (see Job 27:5).

With the world of nature as your classroom, you can experience the wonder of God's creations and learn skills that will help you become self-reliant and able to live comfortably in the outdoors. At camp, you will make new friends and develop lasting friendships with your leaders as you work and play together. Through shared experiences, you can draw closer to your Heavenly Father and strengthen others in living the gospel.

The goals of Young Women camp are to help you:

- Draw closer to God.
- Appreciate and feel reverence for nature.
- Become more self-reliant.
- Develop leadership skills.
- Respect and protect the environment.
- Serve others.
- Build friendships.
- Enjoy camping and have fun.

Virtue is represented by the color gold: I will prepare to enter the temple and remain pure and worthy. My thoughts and actions will be based on high moral standards (see Proverbs 31:10).

Come, Follow Me is our new curriculum for Sunday School and Young Women. Each month we cover a different fundamental doctrine. Each lesson focuses on questions that you may have and doctrinal principles that can help you find answers. The lessons are designed to help you prepare spiritually by learning the doctrine for yourself. We are given assignments each Sunday which we need to complete for the next week's lessons. These assignments or activities help us prepare ourselves to come ready to share our thoughts and feelings about the topic as well as be involved in our Young Women program. We get to teach each other instead of just listening to the teacher.