

The question is not whether we will experience seasons of adversity but how we will weather the storms. Our great opportunity during the ever-changing seasons of life is to hold fast to the faithful word of God, for His counsel is designed not only to help us weather the storms of life but also to guide us past them.

Our Heavenly Father has given His word through His prophets—precious knowledge designed to lead us through the challenges of difficult seasons toward the unspeakable joy and brilliant light of eternal life. It is an important part of our life's experience to develop the strength, courage, and integrity to hold fast to truth and righteousness despite the buffeting we may experience...

...Sometimes we cannot understand why difficult, even unfair, things happen in life. But as followers of Christ, we trust that if we “search diligently, pray always, and be believing, ... all things shall work together for [our] good, if [we] walk uprightly”...

...As members of His Church, as Saints, we serve joyfully and willingly in all weather and in all seasons. And as we do so, our hearts become filled with hallowed faith, healing hope, and heavenly charity.

-President Dieter F. Uchtdorf

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